

# Anabel (Chair Dance)

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 0      级数: Beginner Chair dance  
编舞者: Rita Ensminger (USA) - April 2019  
音乐: King of the Road - The Proclaimers



Alt. music: Blue Hawaii by Ray Conniff

## HEEL STEPS, POINT STEPS

1-4            R heel forward, R step together, L heel forward, L step together  
5-8            R point side, R step together, L point side, L step together

## SHOULDER SHRUGS

1-4            R shoulder shrugs toward left with elbows bent  
5-8            L shoulder shrug toward right with elbows bent

## HEEL TAPS, STEP TOGETHER

1-4            R heel tap fwd, R heel tap fwd, R heel tap fwd, R step together  
5-8            L heel tap fwd, L heel tap fwd, L heel tap fwd, L step together

## SHOULDER FORWARD - ARMS EXTENDED w/SNAPS

1-8            L shoulder forward w/arms toward R with finger snaps  
5-8            R shoulder forward w/arms toward L with finger snaps

REPEAT

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