

Please Don't

拍数: 60 墙数: 4 级数: Phrased Intermediate
编舞者: Eric Mosley (USA) - April 2019
音乐: Hustle - P!nk



Sequence (A,A,A B,B,B B A,A,A B,B,B B A,A,A[first 16 counts, tag] A,A B,B,B,B)

Part A (28 counts)

Run, Run, Run, Clap x2 (8ct)

1,2,3,4 right forward step, left forward step, right forward step, clap (hold)
5,6,7,8 left forward step, right forward step, left forward step, clap (hold)

Back K-Step, Kick (8ct) (alt: no kick)

1,2,3,4 right, back, diagonal step, left touch next to right, left, back, diagonal, right forward kick
5,6,7,8 right, forward, diagonal step, left touch next to right, left, forward, diagonal step, right forward kick

¼ Pivot rock back, and step touch x2 (4ct) (ALT: Slap leather ¼ pivot)

1&2& right rock back, left hitch, slap leather
3&4& right rock back, left hitch, slap leather

Side Triple Step, kick out x2 (8ct)

1,2,3,4 step right to right side, step left next to right, step right to right side, kick left to left side
5,6,7,8 step left to left side, step right next to left, step left to left side, kick right to right side, Right forward step

Part B (32 count)

Charleston , ¼ pivot jazz box x4 (8ct)

1&2& Right forward step, left forward swing touch
3&4& left swing back step, right touch back
5,6,7,8 cross right over left step, ¼ pivot right, left back step, right side step, step left next to right

Charleston , ¼ pivot jazz box x4 (8ct)

1&2& Right forward step, left forward swing touch
3&4& left swing back step, right touch back
5,6,7,8 cross right over left step, ¼ pivot right, left back step, right side step, step left next to right

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1&2& Right forward step, left forward swing touch
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Charleston , ¼ pivot jazz box x4 (8ct)

1&2& Right forward step, left forward swing touch
3&4& left swing back step, right touch back
5,6,7,8 cross right over left step, ¼ pivot right, left back step, right side step, step left next to right

TAG: The 10 count Tag: simple but tricky.

Cross Rock, ¼ jazz pivot, cross rock, cross rock

1&2& Cross right over left, rock ¼ pivot to the right, left step
3,4,5,6 Syncopated, Jazz box pivoting right foot over left foot turning to right shoulder (turning to the 6'clock wall)
7&8& Right cross rock over left, right recover step, hold

&9&10 Left cross rock over right, left recover step, hold (Restart with Part A for 2, then Part B for 4)

Tag Notes:

There is an obvious bridge or long pause (bridge) in the song. The artist pauses, then sings acapella, and pauses again. This tag happens on the 17th wall of the dance. You will be facing the 12 o'clock when the music stops, Do not stop dancing! you must complete the first 16 counts of the dance. Which will direct you to the 3 o'clock wall to begin the tag.

After the Tag you will restart with part A for 2 Rotations, This will put you back on the 12 o'clock wall. Then Part B for 4 rotations you will end the dance on the 12 o'clock wall.
