

Mr Lonely

拍数: 32 墙数: 2 级数: Beginner / Improver
编舞者: Robert Royston (USA) - April 2019
音乐: Mr. Lonely - Midland



Intro: 24 count intro

Sec 1: R Forward Lock Step (x 4) - 12:00

1-4 Step right forward (1), step left behind right (2), Step right forward (3), Step left behind right (4)
5-8 Step right forward (5), step left behind right (6), Step right forward (7), ¼ turn left with touch left next to right

Sec 2: Step back L, Hold, Stomp R twice

1-4 Slide left side (1) and drag right next to left (2), Stomp right next to left twice (78)
5-8 Slide left side (5) and drag right next to left (6), Stomp right next to left twice (78)

Sec 3: ¼ Turn with Heel Switches R L (x2), – 6:00

1-2 Step forward right heel (1), ¼ turn left & recover onto left (2),
3-4 Change shift diagonal with left heel (3), Raise right heel (4)
5-6 Change shift diagonal with right heel (5), Raise right heel (6)
7-8 Change shift diagonal with left heel (7), Raise right heel (8)

Sec 4: Touch L, Touch R, ½ Pivot R (x2)

1-2 Touch right next to left, (1), Step right to the side (2)
3-4 Touch left next to right (3), Step left to the side (4)
5-8 Step R forward (5), Pivot ½ turn left (6), Step R forward (7), Pivot ½ turn left (8)

NOTE (Optional)

- Sec 1 - Styling – While doing the Shuffle/LockStep – Keep Body at a diagonal moving forward
- Sec 3 – Instead of Heel Switch, Step touch is an easy option
- Sec 3 – Optional – Ball Heel (count &1-2), the rest stay the same
- During the chorus “Mr Lonely” Optional – Hat Choreography
 - o Sec 1 - Put hand on the top of hat or brim and tilt head forward for Sec 1
 - o Sec 2 – Take Hat off and swing full counter clockwise 1-4 (x2)
 - o Sec 3 – Hold Hat up while shifting during heel switches
 - o Sec 4 – Hat back on the head
- At the end of 8th wall (during the 1st section of the instrumental) – 2 Full Turns instead of 2 Pivots (Optional)
- ENDING: At the end of 13th wall – Do the 1st 8 count Shuffle and 2 Full Turns and arms out – taa daa! Take a Bow

Step sheet written and submitted by : John Fernandes johnferns@outlook.com
Last Update - 16 May 2019