

Red Haired Mary

COPPER KNOB
BY STEPHEN

拍数: 44 墙数: 4 级数: Improver
编舞者: Derek Robinson (UK) - April 2017
音乐: Red Haired Mary (112 bpm) by Roslyn (Irish Country Bluegrass ver.)



Music: Red Haired Mary (115 bpm) by Highland Reign (Scots - American Folk Rock ver.)

Note: Other versions of Red Haired Mary may not be suitable for this dance

Start with lyrics on both tracks. There is one easy restart on wall 3.

Sec 1: SYNCOPATED CROSS ROCKS, FORWARD ROCK, COASTER STEP, ACROSS, ¼ TURN, SIDE

1-2& Cross rock right over left, recover onto left, step right beside left
3-4& Cross rock left over right, recover onto right, step left beside right
5-6 Rock forward on right, recover onto left
7&8 Step back on right, step left beside right, step forward on right
9-10-11 Cross left over right, make ¼ turn left stepping back on right, step left to left side (9.00)

Sec 2: WEAVE LEFT, CROSS ROCK, CHASSE RIGHT, ACROSS, ¼ TURN, SIDE

1-2-3-4 Cross right over left, step left to left side, cross right behind left, step left to left side
5-6 Cross rock right over left, recover onto left
7&8 Step right to right side, step left beside right, step right to right side
9-10-11 Cross left over right, make ¼ turn left stepping back on right, step left to left side (6.00)

(Restart here on wall 3 facing 12.00)

Sec 3: HEEL JACKS, FORWARD ROCK, COASTER STEP, CROSS ROCK, ¼ TURN, SIDE

1-2& Touch right heel forward twice, step right beside left
3-4& Touch left heel forward twice, step left beside right
5-6 Rock forward on right, recover onto left
7&8 Step back on right, step left beside right, step forward on right
9-10-11 Cross left over right, make ¼ turn left stepping back on right, step left to left side (3.00)

Sec 4: STEP, CLAP (x2), K.B CHANGE, FORWARD ROCK, SHUFFLE BACK, BACK ROCK, FORWARD

1&2& Step forward on right, clap, step forward on left, clap
3&4 Kick right forward, step right beside left, step left in place
5-6 Rock forward on right, recover onto left
7&8 Shuffle back, stepping – R L R
9-10-11 Rock back on left, recover onto right, step forward on left

Begin again