One Year of Love

拍数: 48 **墙数:** 4 **级数:** Intermediate waltz
编舞者: Mark Simpkin (AUS) - March 2019
音乐: One Year of Love - Queen : (Album: A Kind of Magic - 4:28)

Start dance on vocals, on the word "Just." - No Tags or Restarts

[1-6] ROLLING FULL TURN L, ROCK, RECOVER, 1/2 R,
1,2,3, Step L forward, Make a 1/2 turn L stepping R back, Make a 1/2 turn L stepping L forward,
4,5,6, Lunge/step forward on R, Recover L, 1/2 R stepping R forward, (6.00)

[7-12] L FWD R SPIRAL TURN, BIG STEP FWD, 1/2 SLOW R PIVOT,
1,2,3, Step L forward, Make a full spiral over R, Step R forward,
4,5-6, Step L forward (big step), Pivot 1/2 R (over 2 beats) (weight on R), (12.00)

[13-18] L TWINKLE, CROSS, 1/4 BACK, 1/2 FWD,
1,2,3, Step L across R, Rock/Step R to R side, Recover weight L
4,5,6, Step R across L, Turn 1/4 R stepping L back, Turn 1/2 R stepping R forward, (9.00)

[19-24] LUNGE FWD, RECOVER 1/2 L, FWD R, ROLLING FULL TURN OVER R – L, R
1,2,3, Lunge/step L forward, Recover R, Turn 1/2 L stepping L forward, (3.00)
4,5,6, Step R forward, Make a 1/2 turn R stepping L back, Make a 1/2 turn R stepping R forward,

[25-30] BIG STEP L FWD, 1/2 R SWEEP, R SAILOR STEP,
1,2-3, Step L forward (big step, With weight of L foot make 1/2 R turn sweeping R foot around to R side
(over 2 beats), (9.00)
4,5,6, Step R behind L, Step L to L side, Step R to R side,

[31-36] CROSS, SIDE, REPLACE, CROSS UNWIND 1 & 1/2 TURN L, SWEEP R
1,2,3, Cross step L over R, Step R to R side, Replace L,
4,5-6, Cross R over L, Unwind a one and a half full turn L (weight on R) sweeping L around (3.00)
Easy option
4, 5, 6, Cross R over L, unwind 1/2 turn on R, Hook L (3.00)

[37-42] L FWD, BIG STEP R FWD, RECOVER L, 1/2 R FWD, FWD, 1/2 R AS YOU CROSS LOCK R OVER L,
1,2,3, Step L forward, Step R forward (big step), Recover L, (9.00)
4,5,6, Making 1/2 turn R step fwd R, Step L forward, Turn 1/2 R as you pivot on L foot and cross lock R over L,

[43-48 L BACK, 1/2 R, 1/2 R, BIG STEP R FWD, 1/2 R PENCIL TURN,
1,2,3, Step L back, Turn 1/2 R stepping R forward, Turn 1/2 R stepping L back, (9.00)
4,5-6, Step R forward (big step), Turn 1/2 R pencil turn (weight R) (over 2 beats), (3.00)
Easy option
1,2,3, Step L back , Turn 1/2 R stepping R forward, Step fwd L , (9.00)
4,5-6, Step R forward (big step), Turn 1/2 R pencil turn (weight R), (over 2 beats), (3.00)

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