

# Switching Gears

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4  
编舞者: Silvia Schill (DE) - April 2019  
音乐: Switching Gears - Wulf

级数: Low Intermediate



The dance begins with the vocals

Source: Get In Line

## **Cross, Point, Cross, Sweep Forward, Cross Rock, Shuffle Back Turning ½ R**

- 1-2      Cross RF over LF, tap left toe to left
- 3-4      Cross LF over RF, sweep RF forward in a circle
- 5-6      Cross RF over LF, weight back on LF
- 7&8      ¼ turn right and step with RF to right, LF beside RF, ¼ turn right and step forward with RF (6 o'clock)

## **½ Turn R, Sweep Back, Behind, Side, Step, Rocking Chair**

- 1-2      ½ turn right and step back with LF, sweep your RF backward in a circle (12 o'clock)
- 3&4      RF cross behind LF, step to the left with LF, small step forward with RF
- 5-6      Step forward with LF, lift RF slightly up, weight back on RF
- 7-8      Step back with LF, lift RF slightly up, weight back on RF

**Tag/Restart: in the 5th round - direction 12 o'clock – stop after '5-6', replace '7-8' with '7&8':**

**'Step back with LF, RF beside LF and small step forward with LF and start over again**

## **Step, Hitch, Back, Drag Back, Coaster Step, Step, (½ Turn L) Pivot ½ L**

- 1-2      Step forward with left (bend left knee slightly) - Raise right knee / stretch left leg, raise heel (raise arms sideways with palms up)
- 3-4      Step back with RF (arms pulled down to body again) - Pull left toe to RF
- 5&6      Sliding step backwards with LF, RF beside LF and small step forward with LF
- 7-8      Step forward with RF, ½ turn left on both heels, weight back on LF (6 o'clock)

## **½ Turn L, ½ Turn L, Rock Across, Side, Rock Across, ¼ Turn L, Sailor Step**

- 1-2      ½ turn left and step back with RF, ½ turn left and step forward with LF (6 o'clock)
- 3-4      Cross RF over LF, weight back on LF
- &5-6      Step with RF to right, cross LF over RF, weight back on RF
- 7&8      ¼ turn left and cross LF behind RF, step with RF to right and weight back on LF (3 o'clock)

**Repeat to the end**

**And don't forget to smile, because dancing is fun!**

**There is no guarantee for errors in the translation, content, spelling, etc.!**

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