

Forever and Ever Love

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 2 级数: Improver - Syncopated
编舞者: Lynn Card (USA) - February 2019
音乐: Forever and Ever - DeMetri Moon



3rd Place 2019 Ft Wayne Dance for All Choreography Competition with DeMetri Moon
(Formerly: Holding On Forever)
(2 wall dance but the wall change from 12:00 & 6:00 to 3:00 & 9:00 and back due to Restarts)

Intro: 16 counts, start on first lyric

NIGHT CLUB BASIC RIGHT, NIGHT CLUB BASIC LEFT

1,2&3,4& Step RF to right (1), Rock LF behind RF (2), Recover on RF forward (&), Step LF to left side (3), Rock RF behind LF (2), Recover LF forward (&)

¼ TURN STEP, STEP, ½ PIVOT STEP, FULL TURN R.L

5,6&,7,8& Turn ¼ to right stepping RF forward (3:) (5), Step LF forward (6), Pivot ½ to right stepping RF forward (&) (9:00), Step LF forward (7), Turn ½ to left stepping RF back (3:00), Turn ½ to left stepping LF forward (9:00)

(non-turn option is run RF run LF 8&)

***RESTART HERE Wall 3 Facing 9:00**

***RESTART HERE WALL 8 FACING 6:00**

PRESS R FORWARD, RECOVER L, WALK BACK X2, STEP/Drag, COASTER STEP

1,2&3,4& Press/lean forward on RF (1), Recover back on LF (2), Step RF back (&), Step LF back and drag RF back next to LF (3), Step RF back (4), Step LF back next RF (&)

***RESTART HERE, AFTER COUNTS 1,2, WALL 11, FACING 3:00**

STEP/SWEEP, STEP SWEEP ¼ TURN, CROSS, SIDE, RECOVER, CROSS

5,6,7&8& Step RF forward and sweep LF forward (5), Step LF forward and sweep RF forward with ¼ turn to left (6:00) (6), Cross RF over LF (7), Step LF to left side (&), Step RF to right side (8), Cross LF over RF (&)

***RESTART HERE AFTER R SWEEP in Wall 5, Facing 9:00**

Touch RF next to LF on count 7, restart

Dance ends beautifully facing 12:00 after Press RF forward, Recover Lean back on LF