

Lost On You

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 4 级数: Phrased Intermediate Salsa
编舞者: Lusiana Maemunah (INA) - April 2019
音乐: Lost On You (Salsa Version) - Cubaneros



Sequence of Dance : A-B-B-B-B-B-TAG1-B-B(24)-TAG2-B-C-C-C-C

Intro: 32 Count

PART A:

A1: WALK FORWARD DIAGONAL (LEFT, RIGHT, LEFT, RIGHT), BACK DIAGONAL LOCK SHUFFLE

1-4 Step L forward diagonally L, Step R forward diagonally L, Step L forward diagonally L, Step R forward
5&6 Step L back diagonal, Cross R over L, Step L back diagonal (1.30)
7&8 Step R back, Cross L over R, Make ¼ turn right step R back (1.30)

A2: WALK FORWARD DIAGONAL (LEFT, RIGHT, LEFT, RIGHT), BACK DIAGONAL LOCK SHUFFLE

1-4 Step L forward diagonally R, Step R forward diagonally R, Step L forward diagonally R, Step R forward
5&6 Step L back diagonal, Cross R over L, Step L back diagonal (1.30)
7&8 Step R back diagonal, Cross L over R, Step R back diagonal (1.30)

A3: (SIDE MAMBO (LEFT, RIGHT))X2

1&2 Make 1/8 turn L Rock L to side, Recover on R,, Step L next to R (12.00)
3&4 Rock R to side, Recover L, Step R next to L
5&6 Rock L to side, Recover on R,, Step L next to R
7&8 Rock R to side, Recover L, Step R next to L

A4: PIVOT ½ TURN RIGHT, ½ TURN RIGHT BACK LOCK SHUFFLE, FLICK, SIDE, SWAY, SWAY, SWAY, DRAG

1-2 Step L forward, Pivot ½ turn R
3&4 Step L forward while turning ½ turn R, Flick R back, Step R to side
5-6 Hold, Sway L
7&8 Sway R, Sway L, Step R next to L

PART B.

B1: FORWARD & BACKWARD MAMBO, PIVOT ½ TURN RIGHT, FORWARD, FULL TURN LEFT

1&2 Rock L forward, Recover on R, Step L back
3&4 Rock R back, Recover on L, Step R forward
5&6 Step L forward, Pivot ½ turn R, Step L forward
7-8 Make ½ turn L step R back, Make ½ turn L step L forward

B2: TURN ½ LEFT, HOOK, FORWARD LOCK SHUFFLE, CROSS ROCK, RECOVER

1-2 Make ½ turn L step R back, Hook L over R
3&4 Step L forward, Lock R behind L, Step L forward
5&6& Rock R forward, Recover on L, Rock R to side, Recover on L
7&8& Cross rock L over R, Recover on L, Rock R to side, Recover on L

B3: PADLE TURN ¼ LEFT)X3, CROSS OVER, LEFT WEAVE, TURN ½ LEFT

1&2& Step R forward, Pivot ¼ turn L, Step R forward, Pivot ¼ turn L
3&4 Step R forward, Pivot ¼ turn L, Cross R over L
5&6 Step L to side, Cross R behind L, Step L to side
7-8 Cross R over L, Make ½ turn L on L

Tag#2 & Restart here on wall 9 (Change count 8 with "Hold")

B4: CROSS SHUFFLE, ½ TURN LEFT CROSS SHFFLE, FORWARD ROCK, RECOVER, BACK COASTER STEP

1&2 Cross R over L, Step L to side, Cross R over L, Hold
3&4 Make ½ turn L cross L over R, Step R to side, Cross L over R
5-6 Rock R forward, Recover on L
7&8 Step R back, Step L next to R, Step R forward

PART C:

C1: ((CROSS ROCK BEHIND, RECOVER, SIDE) RIGHT, LEFT)X2

1&2 Cross rock R behind L, Recover on L, Step R to side
3&4 Cross rock L behind R, Recover on R, Step L to side
5&6 Cross rock R behind L, Recover on L, Step R to side
7&8 Cross rock L behind R, Recover on R, Step L to side

C2: TURN ¼ LEFT JAZZ BOX, TURN ½ LEFT JAZZ BOX

1-4 Step R forward, Cross L over R, Make ¼ turn L step R back, Step L to side
5-8 Step R forward, Cross L over R, Make ½ turn L step R back, Step L to side

Enjoy the dance & have fun

TAG #1 (16 Count)

T1: (TOE STRUTS)X4, SIDE ROCK, RECOVER, SIDE ROCK, RECOVER, CLOSE

1&2& Touch L toe beside R, Drop L heel, Touch R toe beside L, Drop R heel
3&4& Touch L toe beside R, Drop L heel, Touch R toe beside L, Drop R heel
5&6 Rock L to side, ¼ turn R recover on R, Make ¼ turn R step L to side
7&8 Rock R to side, Recover on L, Step R next to L

T2: (TOE STRUTS)X4, SIDE ROCK, RECOVER, SIDE ROCK, RECOVER, CLOSE

1&2& Touch L toe beside R, Drop L heel, Touch R toe beside L, Drop R heel
3&4& Touch L toe beside R, Drop L heel, Touch R toe beside L, Drop R heel
5&6 Rock L to side, ¼ turn R recover on R, Make ¼ turn R step L to side
7&8 Rock R to side, Recover on L, Step R next to L

TAG #2 (16 Count)

T2: UNWIND FULL TURN LEFT, SIDE, TOUCH, HOLD, HOLD

1-4 Unwind full turn L
5-8 Step R to side, Touch L toe in front of R,, Hold, Hold

Restart during wall 9 after 24 count (Change count 8 with "Hold") inserting TAG#2 and then restart PART B

Dance ending after 12 count of PART C inserting

5-8 Step R forward, Pivot ½ turn L, Step R forward, Hold
