

Our History

拍数: 64 墙数: 2
编舞者: Alessio Meraviglia - April 2019
音乐: The Story of Us - Taylor Swift



Sequence: A-A-A-B-B-A(16)-Restart-A-B-B-Tag-A-A-A(16)-B-B-B-B-End(8).

- PART A

(S1) - Kick ball cross R, Rock step R, Coaster step R, Toe strut L

- 1-2 Kick R oblique on the right and cross L forward to the R
- 3-4 Put the R foot forward and release the weight, recover the weight on the L foot
- 5-6 Place the R foot slightly behind the L and then bring the L behind the R and bring the R forward
- 7-8 Support the L toe behind, I turn around 1/2 looking the opposite wall and I make a strut supporting the L heel

(S2) - Shuffle, Pivot, Hold, Stomp R, Stomp L

- 1-2 Turn 1/4 to the your left and make a shuffle with the R foot
- 3-4-5 One and half turn, starting to turn to your left after the shuffle
- 6- Hold pause
- 7-8 Stomp R and Stomp L

(S3) - Rock Step R, Shuffle Back R, Sailor Step L, Sailor Step R

- 1-2 carry the weight on the right leg and rest the R foot by lifting the L, and recover the weight on the L foot
- 3-4 bring the R foot back, then my L foot without overlapping them and then the R foot again
- 5-6 starting with the L foot I do a sailor step
- 7-8 sailor step with the R foot, but this time I turn right by 1/4 to the right

(S4) - Pivot L, Shuffle L, Rock back R, Stomp R, Stomp L

- 1-2 sailor step; bring your L foot forward and do a pivot of 1/2
- 3-4 shuffle to the left with the L foot and in the meantime I turn 1/4 on my right
- 5-6 carry the right leg, releasing the weight back, and then bringing it back forward
- 7-8 Stomp forward R and stomp forward L

- PART B

(S1) - Out, Flick L, Kick L, Stomp, Scut R, Scut R, Rock step L

- 1-2 out with both feet, maybe a flick with the L foot
- 3-4 with the L foot and stomp with both feet
- 5-6 scut of my right leg turning 1/2, then I do another scut with my right leg, turning another 1/2
- 7&8 first place the right foot and(&) then I take a rock step, releasing the weight on the left and then on the right

(S2) - Step L, step R, coaster step L, Slide R, Stomp L, Scuff R

- 1-2 Step back with the L foot and step back with the R foot
- 3-4 Place the L foot slightly behind the R and then bring the R behind the L and bring the L forward
- 5-6 slide with the R leg and turning of 1/2
- 7-8 Stomp with the L foot and scuff with the R foot

(S3) - Weave R, Scissor step R, Weave L, Scissor step L

- 1&2 weave with the R leg on the right
- 3&4 scissor step with the R foot on the right

5&6 weave with the L leg on the left
7&8 scissor step with the L foot on the left

(S4) - Rock step R, Pivot R, Hold, Stomp L, Stomp R

1-2 rock step with the R foot alternating the weight first on the R leg and then on the L leg
3-4-5 One and half turn, starting to turn to your right
6- Hold pause
7-8 stomp with the L foot and then make a stomp with the R foot

-TAG

(TS1) - Weave L, Weave L, Rock step L 3/4, Scuff R

1&2 weave with the L leg on the left
3&4 Another weave with the L leg on the left
5-6 Turning of 1/4 and I do a rock step on the left with the L foot
7-8 Turn to your left of 3/4 and make a scuff forward with the R foot

(TS2) - Rock Step R, Rock back R, Pivot R, Stomp up L

1-2 rock step forward with the R foot
3-4 rock back with the R foot
5-6-7 One and half turn, starting to turn to your right
8 stomp up with the L foot

(TS3) - Weave L, Weave L, Rock step L 3/4, Scuff R

1&2 weave with the L leg on the left
3&4 Another weave with the L leg on the left
5-6 Turning of 1/4 and I do a rock step on the left with the L foot
7-8 Turn to your left of 3/4 and make a scuff forward with the R foot

(TS4) - Rock Step R, Rock back R, Full Turn, Stomp R, Stomp L

1-2 rock step forward with the R foot
3-4 rock back with the R foot
5-6 full turn with the R foot starting to turn to your right
7-8 Stomp with the R foot and make a stomp with the L foot

-FINAL - Rock step R, Rock back R, Full turn R, Stomp R

1-2 Rock step forward with the R foot
3-4 Rock back with the R foot
5-6 Full turn with the R foot starting to your right
7-8 Stomp with the R foot.
