

What a Life

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Christine Dover - April 2019
音乐: What a Life - Scarlet Pleasure



Starts after 32 count

[1-8] Section 1 – Rolling vine R, touch, vine L, touch

1-4 Turn $\frac{1}{4}$ R stepping R, turn $\frac{1}{2}$ R stepping L back, turn $\frac{1}{4}$ R to R side, touch L next to R and clap

(Or do a normal Vine to the R)

5-8 Step L to L side, Cross R behind L, step L to L side, touch R next to L and clap

(Rolling vine here is okay)

[9-16] Section 2 – Walk, walk, fwd mambo, walk, walk, back mambo

1-2 Walk fwd on R, L

3&4 Rock fwd on R, recover on L in place, step back on R

5-6 Walk back on L, R

7&8 Rock back on L, recover on R in place, step L fwd

[17-24] Section 3 – Turn $\frac{1}{4}$ x 2, Charleston

1-4 Turn $\frac{1}{4}$ R stepping R on R, step fwd on L, turn $\frac{1}{4}$ R stepping R on R, step fwd on L

5-8 Touch R in front of L, step back on R, touch L behind R, step fwd. on L

[25-32] Kick, kick, sailor, kick, kick, sailor

1-2 Kick R fwd, kick R to R

3&4 Step R behind L, step L to L, step R to R

5-6 Kick L fwd, kick L to L

7&8 Step L behind R, step R to R, step L to L

End of Dance – No Tags & No Restarts ☐

Ending wall 10, after Charleston, take a step fwd and pose ;)