

Count Me In

COPPER KNOB
BY STEPHENETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Dick Rogers (USA) & Nancy Rogers (USA) - January 2019
音乐: Dear Future Husband - Meghan Trainor



Note: Stand ready with weight on LF. Start dance immediately after eight counts of ahhhhs. Shout out counts "one, two, three, four, an', Count, Me, In", starting at end of introductory vocals, "...all my life" and on first ah. Be ready for a quick start after ahhhhs.

SWING RF FWD, JUMP BACK AND HOOK, STEP, LOCK, STEP, SCUFF

1-2 Swing RF fwd (1-2)
3-4 Jump back on RF and hook LF over R knee (3-4)
5-8 Step fwd on LF (5), lock RF behind LF (6), step fwd on LF (7), scuff RF (8)

CROSS, SLOW UNWIND ½ L, WALK, WALK, DIAGONAL STEP FWD, HIP SWING R

1-4 Cross RF over LF (1), hold (2), slow unwind ½ L ending with full weight on LF (3-4)
5-6 Take small step fwd on RF (5), small step fwd on LF (6)
7-8 Step RF diagonal fwd R (7), bend knees and roll clockwise and swing R hip up to R (8)

DRAG TOGETHER, CROSS, SLOW UNWIND ½ L, SIDE, TOGETHER, SIDE WITH ¼ TURN R, TOUCH

&1,2 Quickly drag LF to third position (LF instep to heel of RF) (&), cross RF over LF (1), hold (2)
3-4 Slow unwind ½ L (3-4)
5-8 Step RF to R (5), LF to RF (6), RF to R (7), turn ¼ R and touch LF toe beside RF (8)

OPTIONAL: To finish facing wall one at end of song, leave out the ¼ turn R on count 8 and just touch LF beside RF after the third time starting on wall one, and then continue dance to end of song.

FULL TURN R: L TOE IN AND ¼ TURN R, L HEEL DOWN, R TOE BACK, R HEEL DOWN AND ¼ TURN R, REPEAT

1-2 Turn L toe in and touch to L turning ¼ R (1), drop L heel (2)
3-4 Touch R toe back (3), drop R heel turning ¼ R (4)
5-8 Repeat 1-4 (5-8)

TAP, STEP, TAP, STEP, STEP, ½ TURN, STEP, ½ TURN

1-4 Tap L toe fwd (1), step on LF (2), tap R toe fwd (3), step on RF (4)
5-8 Step LF fwd (5), pivot ½ R and weight to RF (6), step LF fwd (7), pivot ½ turn R and weight to RF (8)

SIDE, TOGETHER, SIDE, STOMP UP, SIDE, TOGETHER, SIDE, STOMP

1-4 Step LF to L (1), step RF beside LF (2), step LF to L (3), stomp up RF beside LF (4)
5-8 Step RF to R (5), step LF beside RF (6), step RF to R (7), stomp LF with weight beside RF (8)

START OVER