

Throw Me A Party

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Larry Schmidt (USA) - April 2019
音乐: Throw Me a Party - Rita Wilson



#16 ct intro, Lyrics start "I live my life", Start on "life".

[1-8] STEP, ¼ PIVOT, CROSS & CROSS, SIDE ROCK, RECOVER, BEHIND, ¼ TURN, STEP

1, 2 Step right foot forward, Pivot ¼ left onto left, (9:00)
3&4 Step right across left, Step left foot left, Step right across left,
5, 6 Rock left onto left, Recover wt onto right,
7&8 Step left behind right, Turn ¼ right onto right, Step left foot forward. (12:00)

[9-16] SYNCOPATED FORWARD ROCK X2, TRIPLE w/ ¾ TURN, SIDE ROCK, RECOVER, CROSS

1, 2& Rock forward onto right, Recover weight to left, Step right next to left,
3, 4 Rock forward onto left, Recover weight to right,
5&6 Triple turn left L-R-L ending with left crossed over right, (3:00)
7&8 Rock right onto right, Recover weight to left, Step right across left.

[17-24] SIDE ROCK, RECOVER, CROSS, ¼ LEFT TURN, ½ LEFT TURN, ¼ LEFT TURN, TOUCH, KICK-BALL-CROSS

1&2 Rock left onto left, Recover weight to right, Step left across right,
3, 4 Turn ¼ left stepping back onto right, Turn ½ left stepping forward onto left, (6:00)
5, 6 Turn ¼ left stepping to right side, Touch left next to right, (9:00)
7&8 Kick left foot forward, Step left next to right, Step right across left.

[25-32] SIDE, BEHIND-&- HEEL-&- CROSS, ¼ TURN, ½ TURN, STEP, ¼ PIVOT

1, 2& Step left foot left, Step right behind left, Step left foot left,
&3, 4 Touch right heel to right diagonal, Step right next to left, Step left across right,
5, 6 Turn ¼ left stepping back onto right, Turn ½ left stepping forward onto left, (12:00)
7, 8 Step right foot forward, Pivot ¼ left onto left. (9:00)

RESTART: (During wall 5, Dance 16 counts changing counts 15&16 (Side rock, Recover, Cross) to 15, 16 (Side rock, recover), Then restart from beginning (facing 3:00)
