

# My Juice

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Ann-Kristin Sandberg (NOR) & Christina Yang (KOR) - April 2019  
音乐: Juice - Lizzo



Start the dance after 32 counts

## SECTION 1: SIDE, CROSS, SIDE, CROSS HITCH, SIDE TOUCH, STEP WITH BENDING KNEE, WEIGHT CHANGE, 1/4 TURN TO L WITH HITCH

1-2            RF side, LF cross over RF  
3-4            RF side, LF cross hitch over RF  
5-6            LF side touch, L heel down while bending L knee(Like a seat in chair)  
7-8            Weight change to RF while both knee straightened, 1/4 turn to L with LF hitch

## SECTION 2: DIAGONAL BACK, TOUCH, DIAGONAL BACK, TOUCH, 3 TIMES OF FORWARD WALKS, TOUCH

1-2            LF diagonal backward, RF touch beside LF  
3-4            RF diagonal backward, LF touch beside RF  
5-8            LF forward, RF forward, LF forward, RF touch beside LF

## SECTION 3: SIDE, CROSS BEHIND POINT, SIDE POINT, HITCH, SIDE, BEHIND, 1/4 TURN TO L WITH FORWARD, TOUCH

1-2            Step RF to R side, Point LF behind RF(09:00)  
3-4            Point LF toe out to L, Hitch LF in front of RF  
5-6            Step LF to L side, Cross RF behind LF  
7-8            1/4 turn to L stepping LF forward, Touch RF next to LF(06:00)

## SECTION 4: TOE STRUTS, ROCK, RECOVER, 1/4 TURN TO R WITH SIDE, CROSS

1-2            Touch R toe diagonal forward to R, Step RF heel down  
3-4            Touch L toe diagonal forward to L, Step LF heel down  
5-6            Step RF forward rock, Recover onto LF  
7-8            Turn to 1/4 R with stepping RF to R side, Cross LF over RF

**NO TAG, NO RESTART**

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