

Bogor Kota Kesayangan

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Riny Kusumawati (INA) - February 2019
音乐: Bogor Kota Kesayangan By Nursyamsi As by Bama Dan Chicha



Rhythm : Sundanese Pop

Singer : Music Arrangement : Ari Zaenal (Bama's Father)

INTRO : 16 COUNTS

A. JUMP DIAGONAL FORWARD SHIMMY SHIMMY

1-4 Jump diagonal right, touch L with shimmy shimmy
5-8 Jump diagonal left, touch R with shimmy shimmy

B. JUMP DIAGONAL BACK – JUMP SIDE

1 -4 Jump back diagonal right, touch L, jump back diagonal left, touch R
5-8 Jump right side, touch L, jump left side, touch R

MAIN DANCE :

I. WALK FORWARD, STEP SIDE, SIDE TOGETHER

1-4 Walk forward on R-L-R-L
5-8 Step R to right side, touch L beside R, step L to left side, touch R beside L

II. WALK BACKWARD, STEP SIDE, SIDE TOGETHER

1-4 Walk back on R-L-R, touch L beside R
5-8 Step L to left side, touch R beside L, step R to right side, step L together

III. V STEP 2X

1-2 Step R to diagonal right, step L to diagonal left
3-4 Step R back to centre, step L beside R
5-8 Repeat 1-4

IV. SIDE- BACK TOUCH –WITH HIPS BUMPS UP AND DOWN

1-2 Step R to side, touch L behind R
3-4 Step L to side, touch R behind L
5&6& Touch R to diagonal side, push R hip up, R hip right down
7&8& R hip right up, R hip right down

V. DIAGONAL FORWARD - TOGETHER - DIAGONAL FORWARD - TOUCH

1-4 Step R diagonal forward, step L together, step R diagonal forward, touch L beside R
5-8 Step L diagonal forward, step R together, step L diagonal forward, touch R beside L

VI. DIAGONAL BACK - TOUCH - STEP SIDE- CROSS TOUCH

1-4 Step R diagonal back, touch L beside R, step L diagonal back, touch R beside L
5-8 Step R to side, touch L cross over R, step L to side, touch R cross over L

VII. REPEAT V

VIII. REPEAT VI

TAG : 16 COUNTS

A. JUMP RIGHT DIAGONAL FORWARD WITH SHIMMY SHIMMY-JUMP LEFT DIAGONAL FORWARD WITH SHIMMY SHIMMY

1-4 Jump diagonal right, touch L with shimmy shimmy

5-8 Jump diagonal left, touch R with shimmy shimmy

B. JUMP DIAGONAL BACK – JUMP DIAGONAL BACK- ¼ TURN RIGHT JUMP SIDE-JUMP SIDE

1 -4 Jump back diagonal right, touch L, jump back diagonal left, touch R

5-8 ¼ Turn right Jump right side, touch L, jump left side, touch R

Enjoy the dance

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