

Precious

COPPER KNOB
BY STEPHEN

拍数: 40 墙数: 4 级数: Beginner
编舞者: Dick Rogers (USA) & Nancy Rogers (USA) - January 2019
音乐: Today I'm Gonna Try and Change the World - Johnny Reid



Note: Dance double time for this tune.

For faster music in the 120-160 bpm range, step on each beat of music.

BASIC BACHATA* L, BASIC BACHATA R WITH ¼ TWIST L AND HOOK

1-2 Step LF to L, step RF beside LF
3-4 Step LF to L, touch RF beside LF
5-6 Step RF to R, step LF beside RF
7-8 Step RF to R and twist RF and body ¼ turn to L, hook LF across RF and touch L toe to floor

LOCK STEP FWD WITH HOOK BEHIND, LOCK STEP BACK WITH BRUSH BACK

1-2 With body angled slightly R step LF fwd, lock RF behind LF
3-4 Step LF fwd, hook RF behind LF and touch R toe to floor
5-6 With body angled slightly R step RF back, lock LF across RF
7-8 Step RF back and square up by turning body slightly L, brush LF back passing RF (or hold pointing fwd)

LOCK STEP BACK WITH HOOK ACROSS KNEE, LOCK STEP FWD WITH BRUSH FWD

1-2 Twist body slightly L and step back on LF, lock RF across LF
3-4 Step back on LF, hook RF across LF and touch R toe to floor
5-6 With body angled slightly L step RF fwd, lock LF behind RF
7-8 Step RF fwd and square up by turning body slightly R, brush LF fwd passing RF

HALF TURN R, HALF TURN R

1-2 Turn ¼ R and step LF to L, step RF to LF
3-4 Turn ¼ R and step LF back, brush RF back passing LF (or hold pointing fwd)
5-6 Turn ¼ R and step RF to R, step LF to RF
7-8 Turn ¼ R and step RF fwd, brush LF fwd passing RF (or hold pointing back)

HALF TURN R, BACHATA STEPS R

1-2 Turn ¼ R and step LF to L, step RF to LF
3-4 Step LF to L, with R toe still on floor twist ¼ R on ball of LF
5-6 Slide RF to R, step LF to RF
7-8 Step RF to R, touch LF beside RF

START OVER

* Basic bachata is step, together, step, touch.

Last Update: 8 Apr 2023