

Love Not Fear

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Kenneth Shaw (AUS) - April 2019
音乐: Fear Is the Enemy - Celtic Spirit : (Album: Celtic Dreams Album - iTunes)



#32 Count introduction – 1 Restart.

INTRO (Optional) After 16 Count (1&2&3&4) when loud drums lead in

[1 – 8] SIDE ROCK CROSS, SWEEP 1/2R TURN & CROSS (x4)

1&2&3&4 Step R to side, recover onto L, Cross R over L; Sweep L around turning 1/2R, recover onto R, Cross L over R

Main Dance:-

[1 – 8] ROCKING STEP & STEP X 2 (DIAG. R&L), 4 STEPS BACKWARDS ON DIAG. WITH HOLDS

1&2&3&4 Step R fwd diag to R on ball of foot, Rock back on ball of L, Step R fwd on ball of foot; Adjust 1/4 to L; Step L fwd diag to L on ball of foot, Rock back on ball of R, Step L fwd on ball of foot

5&6&7&8 Step R back diag. to R, hold, Step L back diag, to L, hold; Step R back diag. to R, hold, Step L back diag, to L, hold **

[9 – 16] SIDE ROCK CROSS X 2 WITH HOLD, ROCK FWD 1/2R TURN, SLOW PIVOT 1/2R &STEP

1&2&3&4 Step R to side, recover onto L, Cross R over L, hold; Step L to side, recover onto R, Cross L over L

5&6&7&8 Step R fwd, replace weight to L, Turn 1/2 R; Sweep L around slow pivot 1/2, weight on R, Step L fwd

[17 – 24] FWD, 1/4L TURN, CROSS, HOLD, SIDE, BEHIND, FWD 1/4L X 2

1&2&3&4 Step R fwd, 1/4 turn L, replace weight to L, Cross R over L, hold, Step L to L, Cross R behind L, Step L fwd 1/4

5&6&7&8 Step R fwd, 1/4 turn L, replace weight to L, Cross R over L, hold, Step L to L, Cross R behind L, Step L fwd 1/4 *

[25 – 32] FWD, 1/2L TURN, CROSS, HOLD, SIDE ROCK CROSS FWD X 2 (DIAG. R&L), MAMBO FWD

1&2&3&4 Step R fwd, 1/2 turn L, Cross R over L, hold; Step L to side, recover onto R, Cross L over R

5&6&7&8 Step R to side, recover onto L, Cross R over L, hold; straighten up, Step L fwd, Rock back onto R, Step L together

Restart on wall 2 * – facing back - on count 24

Ending ** - facing back - wall 9 – after count 8 turn to front