

Brand New Start

COPPER KNOB
BY STEPHEN

拍数: 24 墙数: 4 级数: Absolute Beginner
编舞者: Jeannie Compter (USA) - April 2019
音乐: Back to the Start - Michael Schulte



Optional music: "That Makes Me" by Chris Young, "Just Playin' Possum" by Alan Jackson

RIGHT HEEL, LEFT HEEL, WALK AND KICK

1-2 R heel forward, R foot step next to L foot
3-4 L heel forward, L foot step next to R foot
5-6 Walk forward R, L,
7-8 Walk forward R, Kick out to the front with L foot

LEFT WALK BACKWARD, SIDE STEP RIGHT, SIDE STEP LEFT

1-2 Walk backward L, R,
3-4 Walk backward L, R foot touch next to L foot.
5-6 Step R foot to right side, Touch L next to R foot
7-8 Step L foot to left side, Touch R next to L foot

ROCKING CHAIR, ¼ TURN JAZZ BOX

1-2 Rock forward R foot, recover L foot,
3-4 Rock back R foot, recover L foot
5-6 Cross R foot over L foot, Step back on L foot
7-8 Step R foot, (¼ turn to your right) Step L foot next to R foot

Your weight is on your left foot and you can start the dance over on the new wall with your right heel.

Dancing is healthy for your mind, body and soul! Don't stress; just dance.

Got Questions? Contact: Jeannie@ArtSmart-Creations.com
