

Moments in the Mountains

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
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音乐: Moments in the Mountains - Madison Olds : (iTunes Canada, Amazon)



No Tags Or Restarts

Wait 32 counts, start on the lyrics, "We catch our breath..."

JAZZ KICK-BALL-POINT, STEP, POINT OUT, IN, OUT

1-2 Cross RF over left, Step LF back
3&4 Kick RF Forward, Step RF next to left, Point left toe to left side
5-6 Step LF beside R, Point right toe to right side
7-8 Touch right toe next to LF, Point right toe to right side

JAZZ ¼ R KICK-BALL-POINT, STEP, SYNCOPATED POINTS (3:00)

1-2 Cross RF over left, turn 1/4 R and step LF back
3&4 Kick RF Forward, Step RF next to left, Point Left Toe to Left Side
5-6-7 Step LF beside R, Point right toe to right side, hold
&8 Touch right toe next to LF (&), Point right to toe to right side (8)

R CROSS SHUFFLE, 1/2 LEFT CROSS SHUFFLE, 4 SWAYS (9:00)

1&2 Cross RF over LF, Step on LF, Cross RF over LF
3&4 Turn ½ left and cross LF over RF, step on RF, Cross LF over RF (9:00)
5-8 Sway right, left, right, left

CROSS R ROCK FWD/RECOVER, TRIPLE, L CROSS ROCK FWD/RECOVER, TRIPLE

1-2 Cross RF over left, recover weight to LF
3&4 Step on RF, close LF next to RF, step on RF
5-6 Cross LF over right, recover weight to RF
7&8 Step on LF, close RF next to LF, step on LF

ENDING: The last wall (11) starts facing 6:00 (third time you come to 6:00). At the end of the routine you are facing 3:00.

To end facing 12:00, after the last Left Cross Rock/Recover (S4, counts 5-6), turn 1/4L and do a Triple stepping L, R, L.

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