

Replay

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Daniel Whittaker (UK) - April 2019
音乐: Back to the Start - Michael Schulte



NOTE: Start on vocals

RESTARTS: Restart on wall 3 after 16 counts

FLOOR SPLIT: You can do a floor split with the beginner dance "Back to the start" by Hayley Wheatley, it's great floor split!

Thank you Hayley for collaborating with me on this music so we could do a floor split to fit both beginners and intermediate dancers.

[1-8] Weave right, Chasse, Back rock

1-4 Step right to right side, step left behind right, step right to right side, cross left over right 12:00
5&6 Chasse right stepping R-L-R 12:00
7-8 Rock left behind right, recover weight on right (as you rock back naturally your body will turn to left diagonal) 10:00

[9-16] Rocking chair, ½ turn, cross shuffle

1-4 Rock left forward to left diagonal (10:00), recover weight on right, Rock left back, recover weight on right 10:00
5-6 Make ¼ turn right stepping left back (3:00), make ¼ turn right stepping right to right side (06:00) 06:00
7&8 Cross shuffle (L-R-L) 06:00

****** RESTART HERE ON WALL 3 ******

[17-24] Side hold CLAP, and side hold CLAP, Rolling vine touch

1-2 Step right to right side, hold and CLAP 06:00
&3-4 Step left beside right, step right to right side, touch left beside right and CLAP 06:00
5-8 Rolling vine left with a touch (Stepping L-R-L-R) 06:00

[25-32] Kick and point, and switch hold, Sailor step ¼ turn

1&2 Kick right foot forward, step right beside left, touch left to left side 06:00
&3-4 Switch and step left beside right, point right to right side, HOLD 06:00
5&6 Right sailor step (R-L-R) 06:00
7-8 Step left behind right, make ¼ turn right stepping right foot forward 09:00

[33-40] Step twist right ½ turn, twist left ½ turn, Kick ball step hold, ball step brush

1 Step left forward 09:00
2 Twist ½ turn right 03:00
3 Twist ½ turn left 09:00
4&5 Kick right foot forward, step right beside left, step left foot forward 09:00
6 HOLD 09:00
&7-8 Step right beside left, step left foot forward, brush right foot beside left 09:00

[41-48] Rock step triple ½ turn, step hold ball step brush

1-2 Rock right forward, recover weight on left 09:00
3&4 Triple step ½ turn right stepping R-L-R 03:00
5-6 Step left forward, HOLD 03:00
&7-8 Step right beside left, step left foot forward, brush right foot beside left 03:00

[49-56] Step point, step point, Jazz box ¼ turn right

- 1-2 Step right forward, point left to left side 03:00
- 3-4 Step left forward, point right to right side 03:00
- 5-8 Step right over left, make ¼ turn right stepping left back, step right to right side, cross left over right 06:00

[57-64] Right side hold ball step touch, Left side hold ball step touch

- 1-2 Step right to right side, hold 06:00
- &3-4 Step left beside right, step right to right side, touch left beside right 06:00
- 5-6 Step left to left side, hold 06:00
- &7-8 Step right beside left, step left to right side, touch right beside left

END OF DANCE

Restart: on wall 3 after 16 counts

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