

Guarda La Esperanza

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Syafri's Fitri (INA) - March 2019
音乐: Guarda la Esperanza - French Latino



START : AFTER INTRO 32 Count

RESTART WALL 8 AFTER 28 Count

TAG : 4 Count.....AFTER WALL 9

PHRASED : A A B A A B A B Restart(28C) A TAG(4C) A A A (20C)

A1. SYNCOPATED RIGHT (SIDE,TOGETHER X3,SIDE) -- CROSS -- ROCK RECOVER.

1 & 2 Step R to side, Step L together, Step R to side.
&3&4 Step L together, Step R to side, Step L together, Step R to side.
5 - 6 Cross L over R, Recover on R, Step L to L side .
7 - 8 Cross R over L, Recover on L, step R to R side.

A 2. SWAY L R -- STEP IN PLACE -- MAMBO BACKWARD

1 - 2 Step L to side Sway to Left , Sway R to Right.
3 & 4 Step L in place, step R in place, step L in place.
5 & 6 Rock R behind L – Recover on L – Step R close beside L .
7 & 8 Rock L behind R – Recover on R – Step L close beside R.

A 3. WALKS BACK – ROCK IN PLACE - BRUSH

1 - 4 Step back on R , L , R , L close beside R.
5 & 6 Step R Rock in place, step L Rock in place, step down R Rock in place,brush L.
7 & 8 Step L Rock in place , step R Rock in place , step down L Rock in place ,brush R.

A 4. CROSS SAMBA – SAILOR – FORWARD – PADDLE TURN ¼ - IN PLACE

1 & 2 Cross R over L, step ball L to side, Step R onto R.
3 & 4 Step L behind R, step R beside L, step forward on L.
5 - 6 Step R Forward, step L Turn ¼ To Left.
7 - 8 Turn ¼ left Step R to side - Step L in place.

B. 32 COUNT

B. 1: TURN 1/4 TO LEFT – RECOVER - TURN ¾ TO RIGHT – SIDE MAMBO

1 - 2 Step R Rock Turn 1/4 To Left, L Recover
3 & 4 Step R Rock Turn 1/4 to Right, L Turn ¼ to Right, R Turn ¼ to Right
5 & 6 Step L to side to left, R Recover, step L Together beside R.
7 & 8 Step R to Side to Right, L Recover, step R Together beside L.

B. 2: TURN ¼ TO RIGHT – RECOVER – TURN ¾ to Left – FORWARD/ BACKWARD MAMBO

1 - 2 Step L Rock Turn ¼ to Right, R Recover.
3 & 4 Step L Rock Turn ¼ to Left, R Turn ¼ to Left, L Turn ¼ to Left.
5 & 6 Step R Forward, L Recover, step R Together beside L.
7 & 8 Step L Back L behind R, L Recover, step L Together beside R.

B. 3: SWAY R L – TRIPLE CHA CHA (CROSS OVER – RECOVER - TURN ¼) - COUSTER STEP – RUN IN PLACE – CLOSE

1 - 2 Step R to side Sway to Right, step L Sway to Left.
3 & 4 Step R Cross Over L, L Recover, step R Back Turn ¼ to Right.
5 & 6 Step L to back behind L, step R Together beside L, step L Forward.
7 & 8 Step R,L Run in place, step R Close beside L.

B. 4: DIAGONAL FORWARD – COUSTER STEP - PADDLE ½ TO RIGHT – KICKBALL CHANGE

- 1 - 2 Step R Diagonal Forward, step L Diagonal Forward.
3 & 4 Step R Back, step L Together beside R, step R Forward.
5 - 6 Step L Turn ½ to Right, step R Forward.
7 & 8 Step L Kickball Forward, step L Rock in place, step R Together beside L.

NOTE

TAG : 4 COUNT

- 1 – 2 Step R Cross Over L, L Cross Over R
3 – 4 Step R Cross Over L, L Touch Together

INTRO 4 X 8 COUNT ****

****2x8 Count**

- 1&2 Step R Forward, L in Place, R Forward (L Brush)
3&4 Step L Forward, R in Place, L Forward (R Brush)
5&6 Step R Forward, L in Place, R Forward (L Brush)
7&8 Step L Forward, R in Place, L Forward (R Brush)

***1x8 Count**

Fwd Mambo -- back Mambo -- fwd Mambo - back Mambo.

- 1&2 Step R Forward, L Recover, R Together
3&4 Step L Backward, R Recover, L Together
5&6 Step R Forward, L Recover, R Together
7&8 Step L Backward, R Recover, L Together

***1x8 Count**

Side Mambo R L -- pivot .

- 1&2 Step R to side Mambo, L Recover, R Together
3&4 Step L to side Mambo, R Recover, L Together
5&6 Step R Turn ¼ to Left, L Turn ¼ to left
7&8 Step R Turn ¼ to left, L Turn ¼ to Left

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