

Mr Lonely

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 2 级数: Easy Improver
编舞者: Sandy Goodman (USA) - April 2019
音乐: Mr. Lonely - Midland



Prepared By: Sandy Goodman

#24 count intro. NO Tags NO Restarts!!

Vine Right, Kick Left, Vine Left, Kick Right

1 - 4 Step Right side right (1), Step Left behind right (2), Step Right side right (3), Kick Left (4)
5 - 8 Step Left side left (5), Step Right behind left (2), Step Left side left (7), Kick Right (8) 12:00

K-Step

1 - 4 Step diag. fwd Right (1), Touch/Clap Left (2), Step Left center (3), Touch/Clap Right together (4)
5 - 8 Step diag. back Right (5), Touch/Clap Left (6), Step Left center (7), Touch/Clap Right together (8) 12:00

Step Forward, Pivot Turn ¼ Left (x2), Walk Forward R-L-R, Kick Left

1 - 4 Step fwd. Right (2) Turn ¼ left- weight left (2), Step fwd. Right (3), Turn ¼ left- weight Left (4) 6:00
5 - 8 Walk forward Right (5), Left (6), Right (7), Kick Left (8) 6:00

Walk Back (L-R-L-R), Step Side Left (Shimmy Shoulders 3 cts.), Touch Right Together/Clap

1 - 4 Walk back - Left (1), Right (2), Left (3), Right (4)
5 - 8 Step Left side left - Shimmy shoulders (5-6-7), Touch Right together/Clap (8) 6:00

Vine Right, Touch Left, Vine Left, Touch Right

1 - 4 Step Left side left (1), Step Right behind left (2), Step Left ¼ turn left (3), Touch Right (4) 6:00
5 - 8 Rock forward Right (5), Recover Left (6), Rock back Right (7), Recover Left (8)

Diagonal Step-Slide-Step-Clap (Right then Left)

1 - 4 Step Right fwd. diag. right (1), Slide Left to right (2), Step Right fwd. diag. right (3), Clap (4)
5 - 8 Step Left fwd. diag. left (5), Slide Right to left (6), Step Left fwd. diag. left (7), Clap (8) 6:00

Step Right Diagonally Back, Touch Left/Clap, Step Left Diagonally Back, Touch Right/Clap (x2)

1 - 4 Step R diag. back right (1), Touch Left/Clap (2), Step L diag. back left (3), Touch Right/Clap
5 - 8 Repeat above 4 counts. 6:00

(Tush Push Bumps) - Bump Hips (x2) Right, Bump Hips (x2) Left, Bump Hips (R-L-R-L)

1 - 4 Bump hips Right - Twice (1-2), Bump hips Left - Twice (3-4)
5 - 8 Bump hips - Right (5), Left (6), Right (7), Left (8) 6:00

Begin Again!!!!

Site: www.blinedancers.com

Last Update – 14 May 2019