# The Way You Move Your Hips



编舞者: Jean Cain (USA) - March 2019

音乐: Size of the Ship - Diedra



Intro: 32 counts

## R Forward Recover, R Triple Back, L Back Recover, L Triple Half

1-2, 3&4 Rock forward on R, Recover L, R Triple back,5-6, 7&8 Rock back on L, Recover R, L Triple half (6:00)

### R Back Recover, Kick & Cross, Sway, Sway, Triple Side

1-2, 3&4 Rock back on R, Recover L, Kick R, Step R, Cross L over R

5-6, 7&8 Sway hips R & L, R Triple to R side

### L Vine 2, Sway, Sway, L Triple Cross, Sway, Sway

1-2-3-4 Vine 2 L, Sway hips L & R5&6, 7-8 L Triple Cross, Sway hips R & L

### R Lindy, Step, Dip Hips and Touch, Step, Dip Hips and Touch

1&2, 3-4 R Triple to R side, L Rock Back, Recover on R

5-6-7-8& Step L, Dip hips while touching R toe, Step R, Dip hips while touching L toe, & Rock back on

ı

The dance ends with the L Triple Half to 6:00. Continue to 12:00 with an extra R step with arms lifted for finish.