# Simply Flying With The Birds



拍数: 32 编数: 2 级数: Absolute Beginner

编舞者: Susie G (UK) - February 2019 音乐: Fly Like a Bird - Boz Scaggs



#32 count intro, start on vocal Count throughout is 1 2 3 Hold

#### [1-8] ROCK R, RECOVER, CROSS. ROCK L, RECOVER, CROSS

1-4 Rock to the R on R, recover, cross R over L, HOLD S-8 Rock to the L on L, recover, cross L over R, HOLD

## [9-16] GRAPEVINE 1/4 TURN RIGHT. ROCK FWD, RECOVER, CLOSE

1-4 Step to the R on R, cross L behind R, step to the R on R with ¼ turn R, HOLD (3 o'clock)

5-8 Rock fwd on L, recover, close beside R, HOLD

# [17-24] ROCK R, RECOVER, CLOSE. BEHIND, SIDE WITH 1/4 TURN RIGHT, CLOSE

1-4 Rock to the R on R, recover, close R beside L, HOLD

5-8 Cross L behind R, step to the R on R with ¼ turn R, close L beside R, HOLD (6 o'clock)

### [25-32] MODIFIED ROCKING CHAIR

1-4 Rock fwd on R, recover, touch R beside L, HOLD5-8 Rock back on R, recover, touch R beside L, HOLD