

# Good Feeling

拍数: 48      墙数: 4      级数: Improver  
编舞者: Antoinette Claassens (NL) - April 2019  
音乐: Real Good Feeling "By" Kent & Di Natale



## Intro: 28 Counts

### Sec 1: Heel & Heel & Swivel & x2

1&2&      RF. Dig heel fwd - RF. Step together - LF. Dig heel fwd - LF. Step together  
3&4&      RF. Touch toe fwd - RF+LF. Swivel both heel to right - RF+LF. Swivel both heel to center -  
RF. Step together  
5&6&      LF. Dig heel fwd - LF. Step together - RF. Dig heel fwd - RF. Step together  
7&8      LF. Touch toe fwd - LF+RF. Swivel both heel to left - LF+RF. Swivel both heel to center  
(weight on RF)

### Sec 2: Back Rock, Recover, & Step Together, Step fwd, 1/4 Side Rock, Recover, Cross Over, Kick-Ball-Cross

1-2      LF. Back rock - RF. Recover  
&3-4      LF. Step together - RF. Step fwd - LF. Step fwd  
5&6      RF. Side rock with a 1/4 turn left - LF. Recover - RF. Cross over LF (9:00)  
7&8      LF. Kick diagonal left fwd - LF. Step together - RF. Cross over LF

### Sec 3: Step Side, Behind, L Chasse, Cross Over, Unwind, Behind-Side-Cross

1-2      LF. Step side - RF. Cross behind LF  
3&4      LF. Step side - RF. Step beside LF - LF. Step side  
5-6      RF. Cross over LF - Unwind full turn left (weight on RF)  
7&8      LF. Cross behind RF - RF. Step side - LF. Cross over RF

### Sec 4: R Side Mambo, Step Together, L Side Mambo, Step Together, Mambo fwd, Step Together, Coaster Step

1&2      RF. Side rock - LF. Recover - RF. Step together  
3&4      LF. Side rock - RF. Recover - LF. Step together  
5&6      RF. Rock fwd - LF. Recover - RF. Step together  
7&8      LF. Step back - RF. Step together - LF. Step fwd \*\*Restart Point\*\*

### Sec 5: Rock fwd, Recover, Shuffle 1/2 Turn R, Rock fwd, Recover, Shuffle 1/2 Turn L

1-2      RF. Rock fwd - LF. Recover  
3&4      Shuffle 1/2 turn right, stepping R,L,R (3:00)  
5-6      LF. Rock fwd - RF. Recover  
7&8      Shuffle 1/2 turn left, stepping L,R,L (9:00)

### Sec 6: Rock fwd, Recover, Behind-Side-Cross, Side Rock, Recover, & Step Together, Step Side, Step Together

1-2      RF. Rock fwd - LF. Recover  
3&4      RF. Cross behind LF - LF. Step side - RF. Cross over LF  
5-6      LF. Side rock - RF. Recover  
&7-8      LF. Step together - RF. Step side - LF. Step together

## Start Again

Restart: On the 3rd wall after count 32 (3:00)

Contact: rokske272@kpnmail.nl

