

Lost Cowboy

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Phrased Improver country
编舞者: Antonio Manigas (IT) - April 2019
音乐: Get Lost - Binky



Sequence : Tag-Tag-B-B-A-Tag-Tag-B-B-A-Tag-Tag-B-B-Tag-Tag-B-B-B

Part A: 32 counts

S1A) LOCK STEP R. , LOCK STEP L. , ROCK RECOVER/SWIVEL , TURN ½ SHUFFLE R.

1&2 (Diagonally)Step Right Forward , Lock Left Behind Right , Step Right Forward
3&4 (Diagonally) Step Left Forward , Lock Right Behind Left , Step Left Forward
5 – 6 Step Right Forward And Swivel Both Heels To Right Side(R&L) , Return Both Heels To
 Centre And Recover To Left Step And Taking Weight
&7&8 Turn ½ (06:00) , Step Right Forward , Step Left Beside Right , Step Right Forward

S2A) TURN ½ , TURN ½ , PIVOT , ROCK RECOVER , COASTER STEP

1 – 2 Turn ½ (00:00) Step Left Backward , Turn ½ (06:00) Step Right Forward
3 – 4 Step Left Forward , Pivot Turn ½ (00:00)
5 – 6 Step Left Forward , Recover On The Right Step
7&8 Step Left Backward , Step Right Beside Left , Step Left Forward

S3A) V, AUDEVILLE L. , VAUDEVILLE R. , PIVOT , STOMP R. , STOMP L.

&1&2 Cross Right Over Left, Step Left Diagonally Back To Left , Touch Right Heel Diagonally
 Forward To Right, Step Right To Right Side
&3&4 Cross Left Over Right, Step Right Diagonally Back To Right, Touch Left Heel Diagonally
 Forward To Left, Step Left To Left Side
5 – 6 Step Right Forward , Pivot Turn ½ (06:00)
7 – 8 Step Right Forward And Stomp , Stomp Left Beside Right

S4A) ROCK SIDE R. , WAVE , ROCK SIDE L. , WAVE

1 – 2 Step Right To Right Side And Rock Side , Recover On To The Left
3&4 Cross Right Behind Left , Step Left To Left Side, Cross Right Over Left Forward
5 – 6 Step Left To Left Side And Rock Side , Recover On To The Right
7&8 Cross Left Behind Right , Step Right To Right Side , Cross Left Over Right Forward

Part B: 16 counts

S1B) WAVE R. , SCISSOR R. , WAVE L. , SCISSOR L.

1&2& Step Right To Right Side , Cross Left Behind Right , Step Right To Right Side , Cross Left
 Over Right Forward
3&4 Step Right Diagonally Back To Right , Step Left Beside Right , Cross Right Over Left
 Forward
5&6& Step Left To Left Side , Cross Right Behind Left , Step Left To Left Side , Cross Right Over
 Left Forward
7&8 Step Left Diagonally Back To Left , Step Right Beside Left , Cross Left Over Right Forward

S2B) SCUFF&KICK R. , TOE BACK R. , TURN ½ HEEL SWITCHES R&L , SCUFF R. , OUT R. , SCUFF L. , VINE L. , STOMP R.

1 – 2 Scuff Right And Kick , Step Right Backward And Toe Back
&3&4 Turn ½ (06:00) And Step Right Forward And Right Heel , Return Beside Left Taking Weight,
 Step Left Forward And Left Heel , Return Beside Right And Taking Weight
5&6 Scuff Right Beside Left , Step Right Diagonally To Right Side , Scuff Left Beside Right
&7&8 Step Left To Left Side , Cross Right Behind Left , Step Left To Left Side , Stomp Right Beside
 Left

TAG**ST1) ROCK IN CHAIR,HOLD,COASTER STEP,PIVOT TURN ½ ,SAILOR STEP**

- 1&2& Step Right Forward, Return On The Left , Step Right Backward , Hold
3&4 Step Left Backward , Step Right Baside Left , Step Left Forward
5&6 Step Right Forward , Pivot Turn ½ (06:00) , Turn ½ (00:00) And Step Right Backward
7&8 Cross Step Left Behind Right , Open Right Step To Right Side , Open Left Step To Left Side

ST2) ROCK IN CHAIR , HOLD , COASTER STEP , PIVOT TURN ½ , TURN ½ , STOMP R.

- 1&2& Step Right Forward , Return On The Left , Step Right Backward , Hold
3&4 Step Left Backward , Step Right Beside Left , Step Left Forward
5&6 Step Right Forward , Pivot Turn ½ (06:00) , Turn ½ (00:00) And Step Right Backward
7-8 Turn ½ /06:00) And Step Left Forward , Stomp Right Beside Left
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