

It's Salsa Ya'll

拍数: 32 墙数: 4 级数: Salsa
编舞者: Nancy Morgan (USA) - January 2019
音乐: Bailando (feat. Sean Paul, Descemer Bueno & Gente de Zona) (English Version)
- Enrique Iglesias



Begin: 32 Counts in

Note: Salsa is counted in whole counts, for the purpose of line dance, I have counted the steps in half counts.

BASIC SALSA, REPEAT

1&2 Rock step forward on Right and back on Left, step back on Right (weight is on Right)
3&4 Rock step back on Left and forward on Right, step forward on Left (weight is on Left)
5&6 Rock step forward on Right and back on Left, step back on Right (weight is on Right)
7&8 Rock step back on Left and forward on Right, step forward on Left (weight is on Left)

STEP, PIVOT ½ TURN, STEP BACK ½ TURN, FORWARD ½ TURN WITH TOUCH, SIDE-ROCK-TOGETHER, SIDE-ROCK-TOGETHER

1&2 Step forward on Right, pivot 1/2 turn to Left as you step forward on Left, step forward on Right
3&4 Step back on Left ½ turn to Right, step forward on Right as you pivot ½ turn to Right, step forward on Left
5&6 Side Rock – Step Right out to Right side, Shift weight back onto Left, step Right next to Left
7&8 Side Rock – Step Left out to Left side, shift weigh back to Right, step Left next to Right

4 CROSSING STEPS, SIDE-ROCK-CROSS & CROSS & CROSS

1& Cross Right over Left as you step on Ball of foot, step Left to Left side (small steps)
2& Cross Right over Left as you step on Ball of foot, step Left to Left side (small steps)
3&4 Cross Right over Left as you step on Ball of foot, step Left to Left side (small steps), Cross Right over Left as you step on Ball of foot
5&6 Rock step Left out to Left side, return weight to Right, cross Left over Right as you step on Ball of foot
&7&8 Step Right to Right side, cross Left over Right as you step on Ball of foot, step Right to Right side, cross Left over Right as you step on Ball of foot

SIDE ROCK-CROSS, STEP BACK ¼, STEP TO SIDE, STEP FORWARD, 2 ½ TURN PIVOTS, ROCK FORWARD AND BACK WITH TOUCH

1&2 Rock Step Right out to Right side, return weight to Left, cross Right over Left
3&4& Step back on Left ¼ turn to Right, step Right to Right side, step forward on Left
5& Step forward on Right, pivot ½ turn to Left
6& Step forward on Right, pivot ½ turn to Left
7&8 Rock forward on Right and back on Left, touch Right toes next to Left

BEGIN AGAIN!