

Mess Me Up

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Tatum Hickey (USA) - March 2019
音乐: I've Been Waiting (feat. Fall Out Boy) - Lil Peep & iLoveMakonnen



**** 1st Place USLDCC Newcomer/Novice Division – 2019 Fun in the Sun ****

#16 count intro

Section 1 [1-8] Hop Forward, Hop Back, Hip Circle 2x

1,2 Hop forward landing R then L (1) Hold (2)
3,4 Hop back landing R then L (3) Hold (4)
5,6 Hip circle counterclockwise (5,6)
7,8 Hip circle counterclockwise (7,8)

Section 2 [9-16] Vine Right, Vine Left

1,2 Step R to right side (1) Cross L behind R (2)
3,4 Step R to right side (3) Touch L next to R (4)
5,6 Step L to left side (5) Cross R behind L (6)
7,8 Step L to left side (7) Touch R next to L (8)

Section 3 [17-24] K-Step w/ ¼ Turn

1,2 Step R to forward right diagonal (1) Touch L next to R (2)
3,4 Step L back to left diagonal (3) Touch R next to L (4)
5,6 Step R to back right diagonal (5) Touch L next to R (6)
7,8 Step L to forward left diagonal (7) Scuff R for a ¼ turn to the left (8)

Section 4 [25-32] Lindy Right, Lindy Left

1 & 2 R Triple step to the right side [R(1) L(&) R(2)]
3,4 Rock back on L (3), Recover weight on R (4)
5 & 6 L Triple step to the left side [L(5) R(&) L(6)]
7,8 Rock back on R (7), Recover weight on L (8)

[Styling option for Section 1 counts 5-8: point fingers at temple and move in a circular motion like a “crazy” gesture]

Last Update - 18 July 2019