

Obladi Oblada

拍数: 64 墙数: 1
编舞者: Marchy Susilani (HK) - April 2019
音乐: Ob-La-Di, Ob-La-Da - The Beatles

级数: Phrased Easy Intermediate



Intro: 16 counts, approx. 11 secs
Sequence: AB. AB. AAB. AAB. Ending

Part A : 32 counts

A1 : Side, behind, side, cross, chassé, back rock

1-2 Step R to the right side, step L behind R
3-4 Step R to the right side, step L across R
5&6 Step R to the right side, step L together with R, step R to the right side
7-8 Rock back on L, recover onto R

A2 : Side, behind, side, cross, chassé, back rock

1-2 Step L to the left side, step R behind L
3-4 Step L to the left side, step R across L
5&6 Step L to the left side, step R together with L, step L to the left side
7-8 Rock back on R, recover onto L

A3 : Forward shuffle, paddle ½ left

1&2 Step forward R, step L together with R, step forward R
3&4 Step forward L, step R together with L, step forward L
5-6 Step forward R, pivot ¼ left (9:00)
7-8 Step forward R, pivot ¼ left (6:00)

A4 : Repeat A3 (12:00)

Part B : 32 counts

B1 : Side mambo, forward, side point

1&2 Rock R to the side, recover onto L, step R together with L
3&4 Rock L to the side, recover onto R, step L together with R
5-6 Step R forward, touch L to the left side
7-8 Step L forward, touch R to the right side

B2 : Jazz box ¼ right cross, Monterey ¼ right

1-2 Cross R over L, step back on L
3-4 Step R turn ¼ right, L cross over R (3:00)
5-6 Touch R to the right side, step R together with L ¼ right (6:00)
7-8 Touch L to the left side, step L together with R

Repeat B1. B2

Ending add 8 counts

Forward rocking chair, forward point side

1-4 Rock R forward, recover L, rock R back, recover L
5-8 Step R forward, touch L to the left side, step L forward, touch R to the right side

Enjoy for dancing.