

Naked No More

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Mike Stringer (UK) - April 2019
音乐: I Don't Look Good Naked Anymore - Johnny Brady



Intro: 16 Counts - No Tags or Restarts

Sec 1: Reverse Rhumba, Shuffle Forward, Mambo ½ turn

1&2. Step right to right side, step left next to right, step right back
3&4. Step left to left side, step right next to left, step left forward (12:00)
5&6. Step right forward, step left next to right, step right forward
7&8. Rock left forward, recover onto right, make ½ turn left stepping left forward (6:00)

Sec2: Grapevine Cross, Side Rock & Cross x2

1&2& Step right to right side, cross left behind right, step right to right side, cross left in front of right
3&4. Rock right to right side, recover onto left, cross right over (6:00)
5&6& Step left to left side, cross right behind left, step left to left side, cross right in front of left
7&8. Rock left to left side, recover onto right, cross left over (6:00)

Sec 3: Syncopated ½ Monterey Turn x2, Mambo Forward, Sailor ½ Turn

1&2&. Touch right toe out to right side, make ½ turn right stepping right in place, touch Left toe out to left side, step left in place.
3&4&. Touch right toe out to right side, make ½ turn right stepping right in place, touch Left toe out to left side, step left in place. (6:00)
5&6. Rock right forward, recover onto left, step right in place
7&8. Cross left behind right, make ½ turn left stepping right to right side, step left in place (12:00)

Sec 4: Travelling Bumps, ½ Chase Turn, Run Forward L,R,L

1&2. Step right forward bumping hips forward, back, forward (R,L,R)
3&4. Step left forward bumping hips forward, back, forward (L,R,L) (12:00)
5&6. Step right forward, make ½ turn over left, step right forward
7&8. Small run step forward left, right, left (6:00)

Begin again, smile and have fun.

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