

You're A Sunflower

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Noah Sierra (USA) - March 2019
音乐: Sunflower (Spider-Man: Into the Spider-Verse) - Post Malone & Swae Lee



Intro Counts: 40 Counts

ROCK/RECOVER X2, SKATE R, SKATE L.

- 1-2 Rock RF forward, recover on LF.
- 3-4 Rock RF back, recover on LF.
- 5-6 Skate RF to R side, touch LF on RF.
- 7-8 Skate LF to L side, touch RF on LF.

PIVOT ½ X2, RF OUT, LF OUT, RF IN, LF IN.

- 1-2 Step RF forward, pivot ½ L.
- 3-4 Step RF forward, pivot ½ L.
- 5-6 Step RF to R side, step LF to L side.
- 7-8 Step RF in, step LF in.

TOE/HEEL CROSS HOLD X2.

- 1-2 Touch RF toe on LF (knee in), touch R heel forward (knee out).
- 3-4 Cross RF over LF, hold count 4.
- 5-6 Touch LF toe on RF (knee in), touch L heel forward (knee out).
- 7-8 Cross LF over RF, hold count 8.

R HEEL, L HEEL, 1/8 OF ¼ TURN X2.

- 1-2 Touch R heel forward, step RF on LF.
- 3-4 Touch L heel forward, step LF on RF.
- 5-6 Step RF forward, pivot 1/8 of ¼ of a turn L.
- 7-8 Step RF forward, pivot 1/8 of ¼ of a turn L.

NO RESTARTS/TAGS.

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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