

Boot Scoot Flash

COPPER KNOB
STEPPERS

拍数: 32 墙数: 1 级数: Absolute Beginner - Circle
编舞者: June Tammatt (AUS) - March 2019
音乐: Boot Scootin' Boogie - Brooks & Dunn



Very easy for absolute beginners or audience participation
Also suitable for people who are seated to join in the fun

Substitute any 32-count music you like!

[1-8] WALK FORWARD X 3 and KICK, WALK BACK X 3 and TOUCH

1-4 Walk forward Right, Left, Right, kick Left
5-8 Walk back Left, Right, Left, touch Right

[9-16] STEP TOGETHER STEP TOUCH TO THE RIGHT, REPEAT TO THE LEFT

1-4 Step Right to the side, step Left next to Right, step Right to the side, touch Left next to Right
5-8 Step Left to the side, step Right next to Left, step Left to the side, touch Right next to Left

Optional: Clap hands on counts 2, 4, 6 & 8

[17-24] HEEL TOGETHER HEEL TOGETHER, REPEAT

1-4 Touch R heel to right diagonal, step R back in place, Touch L heel to left diagonal, step L
back in place
5-8 Repeat counts 1-4

[25-32] STOMP STOMP, TWIST TWIST, REPEAT

1-4 Stomp R foot next to L (x 2), with feet together twist heels to the right then back to centre.
5-8 Repeat counts 1-4.

REPEAT

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