

Forgive Me Friend

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Inge Vestergård (DK) - February 2019
音乐: Forgive Me Friend (feat. Swedish Jam Factory) - Smith & Thell



Intro: 32 counts intro – weight starts on left

Sec. 1: 2xKick R, Back Rock R, ½ Pivot Turn L, Shuffle R

1 – 4 2x kick R fwd, Rock R Back, Recover on L
5 – 6 Step fwd R, ½ Turn L stepping fwd on L (6:00)
7&8 Step fwd on R, Step L beside R, Step fwd on R

Sec. 2: 2xKick L, Back Rock L, Step L, ¼ Turn R, Cross Shuffle L

1 – 4 2x kick L fwd, Rock L Back, Recover on R
5 – 6 Step fwd L, ¼ Turn R to R side (9:00)
7&8 Cross L over R, Step R to R side, Cross L over R

Sec. 3: Figure 8 R

1 – 3 Step R to R side, cross L behind R, turn ¼ R stepping fwd on R (12:00)
4 – 5 Step fwd on L, turn ½ R onto R foot (6:00)
6 – 8 Turn ¼ R stepping L to L side, cross R behind L, step L to L side (9:00)

Sec. 4: Cross Rock R, Side Rock R, Jazz ¼ Turn R

1 – 4 Cross rock R over L, Recover on L, Side Rock R, Recover on L
5 – 8 Cross R over L, ¼ turn R stepping back on L, Step R to R side, Cross L over R (12:00)

Tag and Restart here on Wall 5 facing 9.00 ó clock. Tag: Stomp R - L

Tag and Bridge here on Wall 6 facing 6 ó clock. Tag: Stomp R - L

Sec. 5: Wine R; Point L, Rolling Wine With Chasse L

1 – 4 Step R to R side, cross L behind R, Step R to R side, Point L to L side
5 – 6 Turn ¼ L stepping L fwd, turn ½ L stepping R back (3:00)
7&8 Turn ¼ L stepping L to L side, Step R beside L, Step L to L side (12:00)

Sec. 6: Jazz ½ Turn R, Touch L, Chasse L, Back Rock R

1 – 2 Cross R over L, ¼ Turn R stepping back on L (3:00)
3 – 4 ¼ Turn R stepping R to R side, Touch L beside R (6:00)
5&6, 7 - 8 Step L to L side, Step R beside L, Step L to L side, Rock Back R, recover on L

Sec. 7: Diagonal Step Lock Step R, Scuff, Diagonal Step Lock Step L, Scuff

1 – 4 Step R diagonal R, Lock L behind R, Step R diagonal R, Scuff L fwd
5 – 8 Step L diagonal L, Lock R behind L, Step L diagonal L, Scuff R fwd

Sec. 8: Cross R, ¼ Turn R Step Back L, Point L, Step R, ½ Turn L, Shuffle ½ L

1 – 4 Cross R over L, ¼ Turn R stepping back on L, Step R back, Point L back (9:00)
5 – 6 Step L fwd, Turn ½ L stepping back on R (3:00)
7&8 Turn ¼ L stepping L to L side, Step R beside L, Turn ¼ L stepping L to L side (9:00)

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