

Making Me High

COPPER **KNOB**
BY STEPHEN METELNICK

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - March 2019
音乐: You're Makin' Me High - Toni Braxton



Start after 48 count on vocal approx. 32 secs- 4mins 06secs – 92bpm
Music Available: Amazon

[1-8] Walk fwd 2, ¼ L ball cross (English Cross), ¼ L & R back, L coaster, R ball step fwd, R fwd

1-2 Step R forward, step L forward
&3-4 Turning ¼ left step R side, cross step L over R, turning ¼ left step R back (6 o'clock)
5&6 Step L back, step R together, step L forward
&7-8 Step R together, step L forward, step R forward

[9-16] L fwd mambo, ¼ R sweeping toaster, L fwd rock/recover, L/R back step touches

1&2 Rock L forward, recover weight on R, step L together
3&4 Sweeping R back turning ¼ right step R back, step L together, step R forward (9 o'clock)
5-6 Rock L forward, recover weight on R
&7 Step L back on left diagonal, touch R together
&8 Step R back on right diagonal, touch L together

WALL 8 RESTART: During wall 8 which starts facing R side wall, dance the first 16 counts of the dance which brings you to the front wall,

ADD ONE EXTRA STEP – step L back on the & COUNT after 8 and begin again

[17-24] L back, R back rock, recover weight on L sweeping R forward, ¼ left cross step, L side, R sailor, syncopated weave R

&1-2 Step L back, rock R back, recover weight on L as you sweep R forward
3-4 Turning ¼ left cross step R over L, step L side (6 o'clock)
5&6 Cross step R behind L, step L side, step R side
7& Cross step L behind R, step R side
8& Cross step L over R, step R side

[25-32] L cross rock/recover, L ball cross side, R behind-1/4 L- R fwd, ½ R chase turn

1-2 Cross rock L over R, recover weight on R
&3-4 Step L back, cross step R over L, step L side
5&6 Cross step R behind L, turning ¼ left step L forward, step R forward (3 o'clock)
7&8 Step L forward, pivot ½ right, step L forward (9 o'clock)

Tel: 01462 735778 Email: info@thedancefactoryuk.co.uk Website: www.thedancefactoryuk.co.uk

*Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P