Changes in Latitudes



编舞者: Shelia Montgomery (USA) - March 2019

音乐: Changes In Latitudes, Changes In Attitudes - Jimmy Buffett



Intro: 32 ct - 8 cts from downbeat

Grapevine Right w/ scuff, Rocking Chair

1,2,3,4Step R to right side, Step L behind R, Step R to right side, Scuff L1,2,3,4Rock forward on L, Recover onto R, Rock back on L, Recover onto R

Grapevine Left w/ scuff, Rocking Chair

1,2,3,4 Step L to left side, Step R behind L, Step L to left side, Scuff R
1,2,3,4 Rock forward on R, Recover onto L, rock back on R, Recover onto L

Right Scissor, Hold, Left Scissor, Hold

1,2,3,4 Step R to right side, Step L next to R, Cross R over L, Hold 1,2,3,4 Step L to left side, Step R next to L, Cross L over R, Hold

R rock fwd, recover, step R making 1/4 turn right, Hold, Cross & cross, Hold

1,2,3,4 Rock fwd on R at a slight right angle, Recover onto L, Making ¼ right turn step on R, Hold 5,6,7,8 Cross L over R, Small step on R to right side, Cross L over R, (wee wee step), Hold

TAG & RESTART: Tag of 6 counts at the beginning of wall 4 (1st time at 9:00)

1,2,3,4,5,6 Hip bumps R twice, L twice, R, L RESTART

RESTART at the end of wall 7...turning onto wall 8 (2nd time at 9:00)

Restart after first 4 counts of the last 8. Will have turned to wall 8 w/ rock-recover – turn Do not cross & cross.

1,2,3,4 Rock R, Recover onto L, Making ¼ right turn step on R, Step on L, RESTART (rock R, recover L, step R, step L)