

Mockingbird

拍数: 32 墙数: 4 级数: Improver
编舞者: Cati Torrella (ES) - February 2019
音乐: Tequila Mockingbird - Frank Ray



Intro 16 beats

[1-8]: 2 WALK FORWARD, STEP ½ TOUR STEP, ROCK STEP FORWARD, ANCHOR STEP

1-2 Walk forward RF, Walk forward LF
3&4 Step forward RF, ½ Turn to left- weight on LF, Step forward RF (6:00)
5-6 Rock forward on LF, Recover weight on RF
7&8 Step LF behind right, Step RF in Place, Step LF in place

[9-16]: R SAILOR STEP with ½ TURN, ½ TURN, ½ TURN, COASTER STEP, KICK BALL POINT

1&2 Sailor Step with ½ turn to right: Step RF behind left, ¼ turn to right and step LF slightly to left, ¼ turn to right and step RF slightly forward (12:00)
3 ½ turn to left and step forward on LF (6:00)
4 ½ turn to left and step and step back on RF (12:00)

*Easy Option: 2 steps back with LF and RF

5&6 Step back on LF, Step RF beside left, Step forward on LF
7&8 Kick forward on RF, Step RF beside left, Point Left Toe to left side

•Here Restart on 3rd wall

[17-24]: CROSS ROCK STEP, TRIPLE ¼ TURN, STEP ¼ TURN, CROSS SHUFFLE

1-2 Cross Rock LF over right, Recover weight on RF
3&4 Step LF to the left side, Step RF beside left, ¼ turn to left and step forward on LF (9 :00)
5-6 Step forward on RF, ¼ turn to left, weight on LF (6 :00)
7&8 Cross RF over left, Step LF to left side, Cross RF over left

[25-32]: POINT, HOLD, POINT & POINT & JAZZ BOX ¼ TURN

1 Point L Toe to left side
2 Hold
&3 Step LF beside right, Point R Toe to right side
&4 Step RF beside left, Point L Toe to left side
&5 Step LF beside right, Cross RF over left
6 Step back on LF
7 ¼ turn to right and Step RF to right side
8 Step forward on LF (9:00)

START AGAIN

RESTART: on 3rd wall, we will start at 6:00, we will do the counts 1 to 16, BUT ... Instead to do a KICK BALL POINT, we will do a KICK BALL STEP, finishing with weight on LF and we will start again 4th wall at 6:00 again.

Last Update – 13 June 2019 - R2