

Bamboleo

拍数: 32 墙数: 4 级数: Improver
编舞者: N. Sultje T. (INA) - March 2019
音乐: Bamboleo (DJ Bawllin Remix) - Garcia : (Bamboleo)



Intro: 32 (start from hardbeat)

S1: Side, Touch, Side, Touch, Side, Together, Side, Touch, Side, Touch, Side, Touch, Side, Together, ¼ turn L step L fwd

1&2& Step R to R side, Touch L beside R, Step L to L side, Touch R beside L
3&4& Step R to R side, Step L together, Step R to R side, Touch L beside R
5&6& Step L to L side, Touch R beside L, Step R to R side, Touch L beside R
7&8 Step L to L side, Step R together, Turn ¼ Step L fwd

S2: Side, Recover, Together, Side, Recover, Together, Side, Recover, Cross, Side, Cross, ¼ R Hitch on L

1&2 Step R to R side, Recover on L, Step R together.
3&4 Step L to L side, Recover on R, Step L together
5&6& Step R to R, Recover on L, Cross R over L, Step L to L side
7-8 Cross R over L, ¼ turn R while hitching L knee

S3: Coaster Step, Shuffle Fwd, Step Fwd, Recover ¼ turn R, Cross, Side, Cross, Point

1&2 Step L back, Step R together, Step L fwd
3&4 Step R fwd, Step L together, Step R Fwd
5&6& Step L fwd, Recover on R ¼ turn R, Cross L over R, Step R to R side
7-8 Cross L over R, Point R to r side

S4: Cross, Recover Together, Cross, Recover Together, Elvis Knee

1&2 Cross R over L, Recover on L, Step R beside L
3&4 Cross L over R, Recover on R, Step L beside R
5&6& Bend R knee over L, Recover on R, Bend L knee over R, Recover on L
7-8 Bend R knee over L, Hold

(For styling), while doing Elvis Knee bringing L arm to chest (5), bringing R arm to chest (6), Push your hands up (7), Push your hands down (8)

Enjoy Dancing! Yihaaa....

Contact email: nstnorma3@gmail.com