

# I'm So Low

拍数: 48                      墙数: 2                      级数: High Intermediate  
编舞者: Guillaume Richard (FR) - March 2019  
音乐: Low - Carrie Underwood



Intro : 12 counts

**[1-6] : ¼ Diamond – Step Back – Hook – Slow Kick**

1-2-3                      Cross LF over RF – Step RF to R – 1/8 turn L stepping L backward  
4-5-6                      Step RF backward – Hook LF in front of R leg – Slow kick L forward

**[7-12] : 1/8 turn Twinkle – Cross – Point – ¾ Spiral Turn**

1-2-3                      Step LF forward – 1/8 turn L stepping RF to R – Recover on LF  
4-5-6                      Cross RF over LF – Point LF to L – Unwind ¾ turn L (keep weight on RF)

**[13-18] : L Twinkle – Syncopated Weave**

1-2-3                      Cross LF over RF – Step RF to R – Recover on LF  
4&5-6                      Cross RF over LF – Step LF to L – Cross RF behind LF – Step LF to L

**[19-24] : Cross Rock ¼ turn Step – Step – Spiral Turn – Step**

1-2-3                      Cross RF over LF – Recover on L – ¼ turn R stepping RF forward  
4-5-6                      Step LF forward – Make a full turn R (keep weight on L) – Step LF forward

**[25-30] : Rock ½ turn Step – Rock Step Replace**

1-2-3                      Step LF forward – Recover on R – ½ turn L stepping L forward  
4-5-6                      Step RF forward – Recover on LF – Step RF next to LF

**[31-36] : Rock ¼ turn Step Back – ½ Rock Step Back**

1-2-3                      Step LF to L – Make ¼ turn L as you recover on R – Step LF backward  
4-5-6                      Make ½ turn R stepping RF forward – Recover on LF – Step RF backward

**[37-42] : ½ Turn Step – ¼ turn Point – Hold – ¼ turn Step – Step ¼ turn Step**

1-2-3                      ½ turn L stepping LF forward – ¼ turn L as you point RF to R – Hold  
4-5-6                      ¼ turn R stepping RF forward – Step LF forward – ¼ turn R stepping on RF

**[43-48] : Weave – ¼ turn Step – ½ turn Point – Touch**

1-2-3                      Cross LF over RF – Step RF to R – Cross LF behind RF  
4-5-6-                      ¼ turn R stepping RF forward – ½ turn R as you point LF to L – Touch LF next to RF

**RESTART :**

During wall 2, dance the first 21 counts and change counts 22 to 24 before Restart from the top of the dance with :

4-5-6                      Step LF forward – ¾ turn R Spiral (keep weight on L) – Step RF to R