

# Sigling / Sailing

拍数: 64      墙数: 2      级数: Improver Rhumba  
编舞者: Oli Geir (ICE) & Hugrun (ICE) - March 2019  
音乐: Siglt Í Norður - Grétar Örvarsson : (CD: Ellefu Dægurlög - Spotify)



**Intro: 32 Counts Start on Vocals**

**PS. This music is originally „Jamaica Farwell“ by; Harry Belafonte**

**S1. Forward Rock, Step Back, Hold. Coaster Step, Hold.**

1-4              Rock forward on L, recover onto R. Step back on L, Hold.  
5-8              Step back on R, Step L beside R. Step forward on L, Hold.

**S2. Step Lock Step, Hold. Step Pivot Full Turn L, Step, Sweep.**

1-4              Step forward on L, Lock step R behind L. Step forward on L, Hold.  
5-8              Step forward on R, Pivot ½ turn left. Turn ½ turn left stepping back on R, Sweep L.

**S3. Sweep Step Behind, Side, Cross, Hold. R Scissors Step, Hold.**

1-4              Sweep step L behind right, Step R to right side, Step L across R, Hold.  
5-8              Step R to right side, Step L beside R. Step R across L, Hold.

**S4. L Scissors Step, Hold. Vine ¼ Turn R, Hold.**

1-4              Step L to left side. Step R beside L, Step L across R, Hold.  
5-8              Step R to right side. Step L behind R. Turn ¼ turn R stepping forward on , Hold. (3.00)

**S5. Step Pivot ½ Turn R, Step, Hold. Walk Forward R, L, R (Or Full Turn L), Hold.**

1-4              Step forward on L, Pivot ½ turn R, Step forward on L, Hold. (9.00)  
5-8              Walk forward on R, Walk forward on L, Walk forward on R, Hold.

**Option: Full turn left, stepping R, L, R.**

**S6. Forward Rock, Step Back, Hold. Walk Back R, L, R, Flick Across.**

1-4              Rock forward on L, Recover onto R, Step back on L, Hold.  
5-8              Walk back on R, Walk back on L, Walk back on R, Low flick L across R.

**S7. Step Side, Cross, Side, Flick Across. Step Side, Cross, Step ¼ Turn L. Point.**

1-4              Step L to left side, Step R across L, Step L to left side. Low flick R across L.  
5-8              Step R to right side, Step L across R, Step R to right side, Turn ¼ turn L weight on R (6.00)

**S8. Back Rock, Step Forward, Hold. Forward Rock, Step, Hold.**

1-4              Rock back on L, Recover onto R, Step forward on L, Hold.  
5-8              Rock forward on R. Recover onto L, Step R next to L. Hold.

**Start Again, Be Happy & Smile**

**Tag at the end of wall 3 facing (6.00)**

1-4              Rock L out to left side, Recover onto R, Touch L beside R, Hold.