

Call Me!

拍数: 48 墙数: 4 级数: Improver
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音乐: Give Me One Reason - Tracy Chapman



Intro: 48 counts

Section 1: Step, together, shuffle R fwd, rock, recover, sailor 1/4 L

1-2 Step RF to R, step LF next to RF
3&4 Step RF forward, step LF next to RF, step RF forward
5-6 Rock LF forward, recover on RF
7&8 Turn 1/4 L(9:00), step LF backwards, step RF next to LF, step LF forward

Section 2: Walk fwd R-L, rock, recover, coaster cross

1-2 Walk forward on toe, heel on RF
3-4 Walk forward on toe, heel on LF
5-6 Rock RF forward, recover on LF
7&8 Step RF backwards, step LF next to RF, cross RF in front of LF

Section 3: Monterey 1/2 turn L, mambo, cross, step, behind, shuffle 1/4 L

1-2 Touch LF to L, step LF next to RF and turn 1/2 L(3:00)
3&4 Rock RF to R, recover on LF, cross RF in front of LF
5-6 Step LF to L, cross RF behind LF,
7&8 Turn 1/4 L(12:00), step LF forward, step RF next to LF, step LF forward

Section 4: Rock, recover, shuffle 1/2 R, shuffle 1/2 R, coaster step

1-2 Rock RF forward, recover on LF
3&4 Turn 1/4 R(3:00), step RF to R, step LF next to RF, turn 1/4 R(6:00), step RF forward
5&6 Turn 1/4 R(9:00), step LF to L, step RF next to LF, turn 1/4 R(12:00), step LF backwards
7&8 Step RF backwards, step LF next to RF, step RF forward

Section 5: Walk fwd L-R, anchor step, touch R, step backw R, touch L, step backw L

1-2 Walk forward on LF, walk forward on RF
3&4 Step LF behind RF, rock forward on RF, step LF backwards
5-6 Touch RF to R, step RF backwards
7-8 Touch LF to L, step LF backwards

Section 6: Rock R backw, recover, shuffle 1/2 L, 1/4 L, slide, kick ball cross

1-2 Rock RF backwards, recover on LF
3&4 Turn 1/4 L(9:00), step RF to R, step LF next to RF, turn 1/4 (6:00), step RF backwards
5-6 Turn 1/4 L(3:00), step/slide LF to L, touch RF next to LF
7&8 Kick RF diagonal to R, step RF next to LF, cross LF in front of RF

No Tags Or Restarts:)
