

Under My Wings

拍数: 32 墙数: 2 级数: Newcomer NC2
编舞者: Monika Mickein (DE) - March 2019
音乐: Wind Onder Mijn Vleugels - Wesley Klein : (iTunes)



Intro: 16 counts

Step Fwd Sweep Cross, Side Behind Side, Cross Rock, Full Turn To Right, Cross Step

1-2 LF step fwd, RF sweep fwd cross over LF
3&4 LF step to left side, RF behind LF, LF step to left side
5&6 RF cross over LF, LF recover (weight on LF), RF ¼ turn to right fwd
7&8 LF ½ turn to right back, RF ¼ turn to right side, LF cross over RF

Step Side, Diamond ½ Turn to Left, Behind Side, Side (slightly diagonal Fwd to left), Step Fwd

1 RF step to right side
2&3 LF 1/8 turn L step back, RF step back (10:30) LF 1/8 turn L step L side (9:00)
4&5 RF 1/8 turn L step fwd, LF step fwd, (7:30) RF 1/8 turn L step R side (6:00)
6&7 LF step behind RF, RF step to right side, LF step slightly diagonal fwd to left side,
8 RF step forward

Prissy Walk LR, Step Turn Step ½ L, Full Turn Fwd R, Lockstep

1-2 LF walk forward, RF walk forward
(Prissy Walks are slightly crossed & Follow Through)
3&4 LF step fwd, ½ turn R (weight on RF), LF step fwd (prep) (12:00)
5-6 RF ½ turn L step back, LF ½ turn L step fwd (12:00)
7&8 RF step fwd, LF lock behind RF, RF step fwd

Step ¼ Turn L (Prep), 3/8 Turn L with Ronde, Diagonal Walk LR, Cross Rock, Sweep Behind, Big Step To Right Side, Drag

1-2 LF step 1/4 turn L (prep), (9:00) RF start Ronde 3/8 turn L, finish diagonal step fwd in front LF (4:30)
3&4 LF step fwd, RF step fwd, LF (check) slightly crossed
5-6 RF recover (weight on RF), LF with sweep step behind RF
7-8 RF 1/8 turn R with big step to right, LF drag to RF (6:00)

Start again – have fun

TAG – 4 count: after Wall 1 – (6:00) & Wall 3 – (6:00)

Jazz Box (slowly)

1-2 LF sweeping cross over RF, RF step back
3-4 LF step to left, RF step fwd

Last Update - 25 March 2019