

Galantis

COPPER KNOB
BY STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Hayley Wheatley (UK) & Roy Verdonk (NL) - February 2019
音乐: Bones (feat. OneRepublic) - Galantis



Intro: 16 Counts (Start on the Lyrics)

Restart on Wall 3

S1: WALK TO DIAGONAL R, L, MAMBO STEP, HITCH, STEP BACK, HITCH, STEP BACK, HITCH, COASTER STEP

- 1-2 Walk forward on R foot to R diagonal (1), Walk forward on L foot to L Diagonal (2) 1.30
3&4 Rock forward onto R foot (3), Recover onto L foot (&), Step back onto R foot (4) 1.30
&5&6 Hitch L knee while clapping hands (&), Step back onto L foot (5), Hitch R knee while clapping hands (&), Step back onto R foot (6), 1.30
&7&8 Hitch L knee while clapping hands (&), Step back onto L foot (7) , Close R foot beside L foot (&), Step forward onto L foot (8) 1:30

S2: PIVOT HALF TURN LEFT, RIGHT SHUFFLE FORWARD, STEP FORWARD, STEP SIDE WITH 1/8 TURN LEFT, SAILOR STEP

- 1-2 Step forward on R foot(1), Pivot ½ turn L to 7:30 (2) 7:30
3&4 Step forward on R foot (3), Close L foot beside R foot (&), Step fwd on R foot (4) 7:30
5-6 Step forward onto L (5), Step R foot to R side foot making 1/8 turn L to straighten up to 6:00 (6) 6:00
7&8 Step L foot behind R foot, Step R foot to R side, Step L foot to L side 6:00

S3: HEEL TWIST RIGHT, HEEL TWIST LEFT, KICK BALL CROSS, SIDE STEP WITH CLAP, CROSS STEP WITH CLAP, SIDE ROCK, RECOVER

- &1&2 Twist R heel in (&), Twist R heel back to centre (1), Twist L heel in (&), Twist L heel back to centre(2), 6:00
3&4 Kick R foot forward(3), Step back onto ball of R foot (&), Cross L foot over R foot (4) 6:00
5&6& Step R foot to R side (5), Clap hands (&), Step L foot across R foot (6), Clap hands (&) 6:00
7-8 Rock R foot to R side (7), Recover onto L foot (8) 6:00

S4: BEHIND, 1/4 TURN LEFT, STEP FORWARD, FORWARD ROCK, RECOVER, BALL/FORWARD ROCK RECOVER, COASTER STEP

- 1&2 Step R foot behind L (1), Step forward onto L foot making ¼ turn L (&), Step forward onto R foot (2) 3:00
3-4 Rock forward onto L foot (3), Recover onto R foot (4) 3:00
&5-6 Step L foot beside R foot (&), Rock forward onto R foot (5), Recover onto L foot (6) 3:00
7&8 Step back onto R foot (7), Close L foot beside R foot (&), Step forward onto R foot (8) 3:00

S5: ½ TURN RIGHT, ¼ TURN RIGHT, SHUFFLE TO DIAGONAL, ROCKING CHAIR

- 1-2 Make ½ turn R stepping back onto L foot (1), Make ¼ turn R Stepping R foot to R side(2) 12:00
3&4 Step forward on L foot making 1/8 turn to 1:30 (1), Close R foot beside L foot (&), Step forward on L foot (4) 1:30
5-6 Rock forward on R foot (5), Recover onto L foot (6) 1:30
7-8 Rock back onto R foot (7), Recover onto L foot (8)

Restart here on wall 3 Facing 12:00 1:30

S6: STEP FORWARD, HEEL BOUNCES MAKING ½ TURN LEFT, BALL STEP, STEP FORWARD, POINT TO SIDE, STEP FORWARD, POINT TO SIDE

- 1-2-3 Step forward onto R foot (1), ¼ turn L bouncing both heels (2), ¼ turn L bouncing both heels placing weight on R foot (3) 7:30

- &4 Step L foot beside R (&), Step forward onto R foot (4) 7:30
5-6 Step forward onto L foot (5), Point R toe out to R side (6) 7:30
7-8 Step forward onto R foot (7), Point L toe out to L side (8) 7:30

S7: CROSS STEP, STEP BACK WITH 1/8 TURN LEFT, CHASSE LEFT, CROSS ROCK, RECOVER, CHASSE RIGHT

- 1-2 Cross L foot over R foot (1), Step back onto R foot making 1/8 turn L and straightening up to 6:00 (2) 6:00
3&4 Step L foot to L side (3), Close R foot beside L foot (&), Step L foot to L side (4) 6:00
5-6 Cross rock R foot over L foot (5), Recover onto L foot (6) 6:00
7&8 Step R foot to R side (7), Close L foot beside R foot (&), Step R foot to R side (8) 6:00

S8: CROSS STEP, ¼ TURN L STEP BACK , SHUFFLE BACK, ROCK BACK, RECOVER, STEP FORWARD, PIVOT 5/8 TURN

- 1-2 Cross L foot over R foot(1), Step back onto R foot making ¼ turn L (2) 3:00
3&4 Step back onto L foot (3), Close R foot beside L foot (&), Step back onto L foot (4) 3:00
5-6 Rock back onto R foot (5), Recover onto L foot (6) 3:00
7-8 Step forward onto R foot (7), Pivot 5/8 turn L to 7:30 finishing with weight on L foot 7:30

Ending: On wall 7 dance up to the end of section 4 (count 32), Make ½ turn R stepping back onto L foot (1), Make 1/4 turn R stepping R foot to R side (2), Make ½ turn R stepping L foot to L side (3) to finish facing 12:00
