

Qing Ni Fang Kai Wo

COPPER KNOB
BY STEPHEN TAYLOR

拍数: 64 墙数: 4 级数: Improver
编舞者: Molly Yeoh (MY) - March 2019
音乐: Qing Ni Fang Kai Wo (請你放開我) - Long Piao-Piao (龍飄飄)



Intro: 56 counts (Or shorten to 32 counts...feel free)

*2 RESTARTS:

(3RD Wall after 24 count) - 9 o'clock

(6th Wall after 32 count) - 6 o'clock

Sec 1: SIDE TOUCHES, ROCKING CHAIR

1 2 3 4 R step to R, L touch besides R, L step to L, R touch besides L.

5 6 7 8 R fwd recover on L, R back rock recover on L

Sec 2: RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE, ¼ LEFT TURN, CROSS SHUFFLE

1&2, 3&4 R cha cha fwd, L cha cha fwd,

5 6, 7&8. R step fwd, ¼ LEFT TURN, L step on, R cross L, L step to L, R cross over L (face 9 o'clock)

Sec 3: ½ TURN, SHUFFLE FORWARD, SIDE TOUCH, TOE HEEL STEP

1 2, 3&4 L step back, R ½ turn R step fwd, L cha cha fwd

5 6, 7&8 R point to R and step fwd, L toe -heel- step fwd (face 3 o'clock)

(WALL 3, restart after 24 count)

S4: ROCK RECOVER, BACK SHUFFLE, STEP TOUCHES

1 2, 3&4 R rock fwd recover on L, R step back, L step at the side, R step back (* cha cha)

5 6 7 8 L step back, R point to R side, R step back, L point to L

(Wall 6, restart after 32 count, place L beside R on count 8 and restart)

S5: SISSCOR CROSS, ¼ RIGHT TURN, SHUFFLE BACK, WALK WALK, SHUFFLE BACK

&1 2, 3&4 Closed L beside R and cross R over L (&1), ¼ R turn (2), R foot cha cha back (3&4)

5 6, 7&8 Walk back on L, Walk back on R, L shuffle back (7&8) (face 6 o'clock)

S6: ROCK BACK, SHUFFLE FORWARD, ½ RUMBA

1 2, 3&4 R rock back recover L, R cha cha fwd

5 6, 7&8 L step to L, R closed to L, L cha cha fwd

S7: ½ RUMBA, BACK SHUFFLE, REVERSE ROCKING CHAIR, SIDE TOUCH (HIP BUMP)

1 2, 3&4 R step to R, L closed to R, R shuffle backwards

5 6 7 8 L rock back recover on R, L step fwd, R touch to touch (with a hip bump!)

S8: RIGHT STEP FORWARD, ¼ TURN, ½ TURN, JAZZ BOX

1 2 3 4 R step fwd, ¼ L turn, R step fwd, ½ L turn (face 9 o'clock)

5 6 7 8 R cross over L, L step back, R step beside L, L cross over R

(More of & && could have been introduced in this dance but make it easier for beginners to catch up, tq)

Contact me at suanyeah@hotmail.com HAVE FUN ! TQVM

Last Update - 31 March 2019