

Fire on Fire

拍数: 32 墙数: 4 级数: Intermediate NC
编舞者: Tom Inge Soenju (NOR) - March 2019
音乐: Fire On Fire - Sam Smith : (From Watership Down)



Music Available on iTunes, Google Play and Amazon.

Note: The dance is made as a NC2S and uses half the beat (~58 bpm)

Intro: 16 counts

Sequence: Repeating sequence.

Tag/Restart: Tag with step change after wall 1 and 4. (S8, C8 & is changed to Hold (&) before tag)

Restart in wall 2 & 5 after 28 counts. Restart in wall 3 after 8 counts

End: Dance as normal till music ends then correct yourself to 12:00.

S1: R DIAG STEP, STEP- Full R PIVOT (½, ½ WITH SWEEP), WEAVE-SWEEP, CROSS ROCK- ¼ L TURN WITH ¾ SWEEP L TURN, WEAVE

- 1 Step RF diag R fwd (F01:30)
- 2 & Step LF fwd (2) and make half a turn to your right (weight on RF) (&) (F07:30)
- 3 Half turn to your right stepping back on LF while sweeping RF front to back (3) (F01:30)
- 4 & Step RF behind LF (4) and step LF to left side (&) (correct yourself to 12:00)
- 5 Cross RF over LF while sweeping LF from back to front (5)
- 6 & Cross LF over RF (6), Recover weight onto RF (&)
- 7 ¼ L turn stepping LF fwd and sweep your RF from back to front making another ½ L turn (7) (F06:00)
- 8 & Cross RF over LF (8), Step LF to L side (&)

***Restart here in wall 3.**

S2: BEHIND-SWEEP, ROCK- ½ R TURN WITH ¾ SWEEP R TURN, WEAVE, SIDE ROCK-CROSS, ¾ L TURN (¼, ½)

- 1 Step RF behind LF while sweeping LF from front to back (1)
- 2 & Step (rock) LF behind RF (2), recover weight onto RF (&)
- 3 ½ R turn stepping back on LF and sweep RF front to back making an additional ¼ R turn (3) (F03:00)
- 4 & Step RF behind LF (4), Step LF to L side (&)
- 5 Cross RF over LF
- 6 & Step (rock) LF to L side (6), Recover weight onto RF (&)
- 7 Cross LF over RF
- 8 & ¼ L turn stepping back on RF (8), ½ L turn stepping LF fwd (&) (F06:00)

S3: R ROCKING CHAIR, SIDE, CROSS SHUFFLE-SWEEP, CROSS, ½ R TURN (¼, ¼) INTO R NC BASIC

- 1 & Step (rock) fwd on RF (1), Recover weight onto LF (&)
- 2 & Step (rock) back on RF (2), Recover weight onto LF (&)
- 3 Step RF to R side
- 4 & Cross LF over RF (4), Step RF to R side (&)
- 5 Cross LF over RF while sweeping RF from back to front (5)
- 6 & Cross RF over LF (6), ¼ R turn stepping back on LF (&) (F09:00)
- 7 ¼ R turn and take a long step with RF to R side (7) (F12:00)
- 8 & Step (rock) LF behind RF (8), Cross (recover weight onto) RF slightly over LF (&)

S4: SIDE STEP, WEAVE WITH ¾ HITCH TURN, STEP, R DIAG STEP, 1/8 R TURN INTO L NC BASIC, SWAY X2

- 1 Step LF to L side
- 2 & Step RF behind RF (2), Step LF to L side (&)

3 Cross RF over LF and hitch LF from back to front making a ¼ R turn (3) (F03:00)

4 Step down on LF in front or slightly across of RF

***Restart here in wall 2 and 5**

5 Step RF diag R fwd (F:04:30)

6 1/8 R turn taking a long step with LF to L side (6) (F06:00)

7 & Step (rock) RF behind LF (7), Cross (recover weight onto) LF slightly over RF (&)

8 & Step RF to R side while swaying hip to R (8), Sway L hip to L side (weight on LF) (&)

Tag here after wall 1 and 4. Step change here before tag. Change count &, in 8 & to Hold (&)

Tag (after wall 1 & 4): L NC BASIC

1 Long step with LF to L side

2 & Step (rock) RF behind LF (2), Cross (recover weight onto) LF slightly over RF (&)

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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