Dirty Dancin'



编舞者: Tom Inge Soenju (NOR) - March 2019

音乐: She Got Me - Luca Hänni



Music Availability: iTunes, Google Play and Amazon.

Intro: 16 counts

Sequence: Repeating sequence. Tag/Restart: No tags or restarts

End: Correct yourself to front by making a sailor ¼ L turn, pose and smile :-).

Section 1: WALK X 2, F SHUFFLE, WALK X2, F SHUFFLE

1 - 2	Step fwd on RF, Step fwd on LF
3 & 4	Step fwd on RF, Step LF next to RF, Step fwd on RF
5 - 6	Step fwd on LF, Step fwd on RF
7 & 8	Step fwd on LF, Step RF next to LF, Step fwd on LF

Section 2: ROCK-RECOVER, B SHUFFLE, TOUCH-BUMP-STEP X2 MAKING A ¾ L TURN

1 - 2	Step (rock) fwd on RF, Recover weight onto LF
3 & 4	Step back on RF, Step LF next to RF, Step back on RF
5 &	1/4 turn to your L (F09:00) touching LF to L side and bumping L hip upwards (5) then back (&)
6	1/4 turn to your L (F06:00) stepping fwd on LF
7 &	1/8 turn to your L (F04:30) touching RF to R side and bumping R hip upwards (7) then back (&)
8	1/8 turn to your L (F03:00) stepping RF to R side

Section 3: SAILOR STEP, CROSS SHUFFLE, SAMBA CROSS X2

1 & Z	Step LF bening RF, Step RF beside LF, Step LF to L side
3 & 4	Cross RF over LF, Step LF next to RF, Cross RF over LF
5 & 6	Rock ball of LF to L side, Recover weight onto RF, Cross LF over RF
7 & 8	Rock ball of RF to R side, Recover weight onto LF, Cross RF over LF

Section 4: DIAG STEP, JAZZ BOX 1/4 R TURN, WEIGHT/HIP CHANGES X 3, SWAY X 2

1 - 2	Step diag fwd L on LF, Cross RF over LF
3 - 4	Step back on LF, ½ R turn stepping RF to R side
5 & 6	Step LF to L side (Hip L), put weight onto RF (Hip R), recover weight onto LF (Hip L)
7 - 8	Sway R, Sway L

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

Mail: tom@soenju.dance

Facebook (Tom Inge Sønju): www.facebook.com/tom.soenju

Website: www.soenju.dance