

Dirty Dancin'

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Tom Inge Soenju (NOR) - March 2019
音乐: She Got Me - Luca Hänni



Music Availability: iTunes, Google Play and Amazon.

Intro: 16 counts

Sequence: Repeating sequence.

Tag/Restart: No tags or restarts

End: Correct yourself to front by making a sailor $\frac{1}{4}$ L turn, pose and smile :-).

Section 1: WALK X 2, F SHUFFLE, WALK X2, F SHUFFLE

1 - 2 Step fwd on RF, Step fwd on LF
3 & 4 Step fwd on RF, Step LF next to RF, Step fwd on RF
5 - 6 Step fwd on LF, Step fwd on RF
7 & 8 Step fwd on LF, Step RF next to LF, Step fwd on LF

Section 2: ROCK-RECOVER, B SHUFFLE, TOUCH-BUMP-STEP X2 MAKING A $\frac{3}{4}$ L TURN

1 - 2 Step (rock) fwd on RF, Recover weight onto LF
3 & 4 Step back on RF, Step LF next to RF, Step back on RF
5 & $\frac{1}{4}$ turn to your L (F09:00) touching LF to L side and bumping L hip upwards (5) then back (&)
6 $\frac{1}{4}$ turn to your L (F06:00) stepping fwd on LF
7 & $\frac{1}{8}$ turn to your L (F04:30) touching RF to R side and bumping R hip upwards (7) then back (&)
8 $\frac{1}{8}$ turn to your L (F03:00) stepping RF to R side

Section 3: SAILOR STEP, CROSS SHUFFLE, SAMBA CROSS X2

1 & 2 Step LF behind RF, Step RF beside LF, Step LF to L side
3 & 4 Cross RF over LF, Step LF next to RF, Cross RF over LF
5 & 6 Rock ball of LF to L side, Recover weight onto RF, Cross LF over RF
7 & 8 Rock ball of RF to R side, Recover weight onto LF, Cross RF over LF

Section 4: DIAG STEP, JAZZ BOX $\frac{1}{4}$ R TURN, WEIGHT/HIP CHANGES X 3, SWAY X 2

1 - 2 Step diag fwd L on LF, Cross RF over LF
3 - 4 Step back on LF, $\frac{1}{2}$ R turn stepping RF to R side
5 & 6 Step LF to L side (Hip L), put weight onto RF (Hip R), recover weight onto LF (Hip L)
7 - 8 Sway R, Sway L

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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