

# La Vida Es Bella

**COPPER** KNOB  
STEPSHEETS

拍数: 30      墙数: 4      级数: Beginner - Slow Foxtrot  
编舞者: Clara Ayats (FR) - March 2019  
音乐: 'La vita è bella' by Nicola Piovani (from the movie's soundtrack Life is Beautiful)  
(65 bpm) – Non country

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Re-start on the 3rd wall after count 20

**[1-8]: R Rumba box, upper body sway to R and L, Chasse to R**

1&2      RF step side R, LF step together, RF step fwd  
3&4      LF step side L, RF step together, LF step back  
5-6      RF step side R and sway upper body to R, change weight to L with sway upper body to L  
7&8      RF step side R, LF close feet change weight, RF step side R

**[9-16]: ¼ turn L Coaster Step, Chasse fwd, Spot turn to R close feet step fwd, Spot turn to L close feet 2 walk fwd**

1&2      LF cross behind RF, ¼ turn L RF step together, LF step fwd  
3&4      RF step fwd, LF lock behind RF, RF step fwd  
5&6      LF step fwd, ½ turn R RF close to LF, LF step fwd  
7&8&      RF step fwd, ½ turn L LF close to RF, RF walk fwd, LF walk fwd

**[17-24]: Upper body sway to R and L x2, Chasse diagonal to L, Hitch, Wave to R**

1-2      RF step side R and sway upper body to R, change weight to L with sway upper body to L  
3-4      Change weight to R with sway upper body to R, change weight to L with sway upper body to L  
5&6&      RF step diagonally L over LF, LF lock behind RF, RF step diagonally L fwd, L knee makes a hitch while changing movement direction to R (still facing 9:00)  
7&8&      LF cross over RF, RF step side R, LF cross behind RF, RF step side R

**[25-30]: ½ Step turn R x2, Jazz box, fwd Hook R**

1-2      LF step fwd, ½ turn R RF step fwd  
3-4      LF step fwd, ½ turn R RF step fwd  
5&6&      LF cross over RF, RF step back, LF step L, R leg makes a hook over L leg

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