

Contestame El Telefono

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Ema Rahmawati (INA) - March 2019
音乐: Contestame el Telefono by Alexis y Fido



Start dancing on lyric : Hello

Restart : on Walls 5 & 9 after count 16

I. CROSS MAMBO (R-L)-BACK LOCK SHUFFLE-COASTER STEP

1 & 2 Cross R behind L, Recover on L, Step R to side
3 & 4 Cross L behind R, Recover on R, Step L to side
5 & 6 Step R back, Step lock L front R, Step R back
7 & 8 Step L back, close R beside L, Step L forward

II. BOTAFOGO (R-L)-PADDLE TURN LEFT (4x)

1 & 2 Cross R over L, Ball L to side, Step R in place
3 & 4 Cross L over R, Ball R to side, Step L in place
5& 6& 7& 8 Step forward on ball of R, Pivot turn x4 completing ½ turn left

Optional styling : paddle turns can be danced with anti-clockwise hip rolls

III. SYNCOPATED WEAVE WITH HEEL JACK (R-L)

1 & 2& Cross R over L, Step L to side, Cross R behind L, Step L to side
3 & 4& Cross R over L, Step L to side, Touch R heel diagonal forward, Close R beside L
4 & 5& Cross L over R, Step R to side, Cross L behind R, Step R to side
7 & 8& Cross L over R, Step R to side, Touch L heel diagonal forward, Close L beside R

IV. FORWARD MAMBO-BACK MAMBO-SIDE MAMBO (R-L)

1 & 2 Step R forward, Step L in place, Step R back
3 & 4 Step L back, Close R beside L, Step L forward
5 & 6 Step R to side, Step L in place, Close R beside L
7 & 8 Step L to side, Step R in place, Close L beside R

Enjoy the dance....

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