

# Bleeding Hearts (P)

COPPER KNOB  
STEPSHEETS

拍数: 56      墙数: 0  
编舞者: Dan Albro (USA) - February 2019  
音乐: Bloodline - Harper Grae

级数: Intermediate Pattern Partner Dance



Especially for: Saone Country 10th Anniversary February 2019

\* When dancing to Bloodline, 5th repetition:

Dance 32 counts add 2 steps then continue with pattern. (man fwd R,L – lady back L,R)

Intro: 8 count intro, start with vocals

Start: Facing FLOD, Ladies outside, men inside, single hand hold.

Man's footwork described, ladies opposite except where noted.

## [1-8] WALK, WALK, KICK BALL CHANGE, ROCK, REPLACE, ¼ SHUFFLE SIDE

1,2,3&4      Step fwd R, step fwd L, kick fwd R, step back on ball of R, step fwd L

5,6,7&8      Rock fwd R, replace weight on L, turn ¼ right stepping side R, step L next to R, step side R

**HANDS: Count 7: release ladies left & pick up ladies right in mans left.**

## [9-16] ROCK, REPLACE, SHUFFLE SIDE, CROSS OVER, STEP SIDE, BEHIND, SIDE, OVER

1,2,3&4      Cross rock L over R, replace weight on R, step side L, step R next to L, step side L

5,6,7&8      Step R over L, step side L, step R behind L, step side L, step R over L

**HANDS: Count 3: pick up ladies left. Count 5: release ladies right & pick back up on Count 6.**

## [17-24] TRAVELING FLOD SHUFFLE ¼ TURN, SHUFFLE ½ TURN, SHUFFLE BACK, ROCK, REPLACE

1&2      MAN: Turn ¼ left stepping fwd L into closed social position, step R next to L, step fwd L

3&4      Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R

5&6,7,8      Step back L, step R next to L, step back L, rock back R, replace weight L

1&2      LADY: Turn ¼ left stepping side R in front of man(into closed social), step L next to R, step side R

3&4      Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L

5&6,7,8      Step fwd R, step L next to R, rock fwd R, rock fwd L, replace weight on R

**HANDS: Count 1: place mans right on ladies back – into closed social position.**

## [25-32] ROCK, REPLACE, SHUFFLE, ROCK, REPLACE, SHUFFLE

1,2,3&4      Rock fwd R, replace weight on L, step back R, step L next to R, step back R

5,6,7&8      Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L

\* 5th repetition: Bonus steps (man fwd R,L – lady back L,R) then continue.

## [33-40] (HE TURNS, SHE TURNS) STEP ½ TURN, SHUFFLE ½ TURN, ROCK, REPLACE, SHUFFLE FWD

1,2,3      MAN: Step fwd R, pivot ½ left (weight on L), turn ¼ left stepping side R

&4      Step L next to R, turn ¼ left stepping back R

5,6 7&8      Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L

1,2,3&4      LADY: Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L

5,6,7      Step fwd R, pivot ½ left (weight on L), turn ¼ left stepping side R

&8      Step L next to R, turn ¼ left stepping back R

**HANDS Drop hands on count 1, pick up both hands on count 8**

## [41-48] ROCK, REPLACE, SHUFFLE ¼ TURN LEADING LADY OUT, TURN LADY, SHUFFLE FWD

1,2,3&      MAN: Rock fwd R, replace weight on L, step back R, turn ¼ left stepping side L

4,5,6      Step R next to L, turn ¼ left stepping fwd L (turning lady), step fwd R

7&8      Step fwd L, step R next to L, step fwd L

1,2,3& LADY: Rock back L, replace weight R, step fwd L step R next to L, step fwd L  
4,5,6 Step fwd R, turn ½ right stepping back L, turn ¼ right stepping side R  
7&8 Step L next to R, turn ¼ right stepping fwd R

**HANDS: Count 4: release ladies left. Count 6 release ladies right and pick up ladies left**

**[49-56] STEP, LOCK, SHUFFLE FWD, STEP, LOCK, SHUFFLE FWD**

1,2,3&4 Step fwd R, cross lock L behind R, step fwd R, step L next to R, step fwd R  
5,6,7&8 Step fwd L, cross lock R behind L, step fwd L, step R next to L, step fwd L

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