

Juice

拍数: 32 墙数: 4 级数: Improver
编舞者: David Chamberlain (UK) - March 2019
音乐: Juice - Lizzo : (Clean Edit)



Intro: 32 counts

Section 1: Camel Walk x2, Right Shuffle forward, Half pivot turn, Sweep x2

- 1 Step forward onto Right foot dragging left towards right popping Left knee.
- 2 Step forward onto Left foot dragging right towards left popping Right knee,
- 3 & 4 Step forward onto Right, Close Left next to Right, step forward right.
- 5, 6 Step forward onto Left foot, pivot 1/2 turn Right. (6:00),
- 7, 8 Step forward Left sweep Right from back to front, Step forward Right sweep left from back to front.

Section 2: Cross in front, Side, behind, Heel jack, Close x2

- 1, 2 Cross Left foot in front of Right, Step Right foot to Right side.
- 3&4& Step Left foot behind Right, Step diagonally back on the Right foot, extend Left heel to the left diagonal., Step Left foot next to Right,
- 5, 6 Cross Right foot in front of Left. Step Left foot to Left side,
- 7&8& Step Right foot behind Left, Step diagonally back on the Left extend Right heel to the Right diagonal, Close Right foot next to left,

Section 3: Cross, Hold, And behind and cross, Step touch, Step touch making a ¼ turn.

- 1, 2 Cross Left foot over Right, Hold,
- &3&4 Step Right foot to right side, Cross Left behind Right, Small step Right to Right side, Cross Left foot in front of Right.
- 5,6,7,8 Step Right foot to Right side, Touch Left foot by Right, Step Left foot back making a ¼ turn right, touch Right foot next to Left. (9:00)

Section 4: Dorothy steps x 2, half pivot turn x2

- 1, 2 & Step Right foot forward to Right diagonal, lock Left foot behind Right, small step Forward Right to the Right diagonal,
- 3, 4 & Step Left foot forward to the left diagonal, lock Right foot behind Left, small step Forward Left to the Left diagonal.
- 5, 6 Step forward onto Right, pivot ½ turn L (3:00),
- 7, 8 Repeat steps 5, 6. (9:00).

End of dance
