

A Wee Bit Irish

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Upper Beginner
编舞者: Sherri Busser (USA) - March 2019
音乐: Tell Me Ma - Sham Rock
或: Irish Stew - Sham Rock



#32 count intro.

Slower song for teaching: Years May Come, Years May Go by the Irish Rovers.

Non-Irish: Keep It Simple by James Barker Band, 124 bpm, 16 count intro;
Best Adventure by Leaving Thomas, 122 bpm, 16 count intro,
or Get Dat by Rayelle, 120 bpm, 32 count intro

Counterclockwise rotation; start weight on L

WALK FORWARD 3X, KICK, TRIPLE BACK, TRIPLE ½ TURN RIGHT

1-4 Step R forward, step L forward, step R forward, kick L
5&6 Step back L, close R, step L back
7&8 Turn right ¼ (3:00) stepping R to side, close L, turn right ¼ (6:00) stepping forward R

WALK FORWARD 3X, KICK, TRIPLE BACK 2X

1-4 Step L forward, step R forward, step L forward, kick R
5&6 Step back R, close L, step R back
7&8 Step back L, close R, step back L

HEEL & TOE & HEEL & TOE, LINDY L

1& Touch R heel forward, step R next to L
2& Touch L toes next to R instep, step L next to R
3&4 Touch R heel forward, step R next to L, touch L toes to R instep
5&6 Step L to side, close R, step L to side
7-8 Rock back R, recover L

¼ TURN MONTEREY, ROCKING CHAIR

1-2 Point R to side, ¼ turn right (9:00) stepping R next to L
3-4 Point L to side, step L next to R
5-8 Rock R forward, recover L, rock R back, recover L

Syncopated option:

5&6& Rock R forward, recover L, rock R back, recover L
7&8 Rock R forward, recover L, stomp up R (no weight)

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