Tryna Go (Where Ya At?)

拍数: 32

墙数: 4

级数:

编舞者: Bernadette Burnette (USA) - October 2016

音乐: Tryna Go (feat. Raheem DeVaughn & Dee Boy) - Rare Essence

WALK FORWARD, QUICK ROCK FORWARD, WALK BACK, QUICK ROCK BACK (1-8)

- 1,2,3,4& Walk forward right, left, right. Rock forward left, recover right
- 5,6,7,8& Step back left, step back right, step back left, rock back right, recover left.

WALK FORWARD, QUICK ROCK FORWARD, WALK BACK, QUICK ROCK BACK (9-16)

- Step forward right, walk forward left, right. Rock forward left, recover right. 1,2,3,4&
- 5,6,7,8& Step back left, step back right, step back left, Rock back right, recover left.

SHA-RONS*, WALK BACK (17-24)

- Step forward diagonal right, lock step left behind, step forward right 1,2&
- Step forward diagnonal left, lock step right behind, step forward left 3,4&
- 5-8 Walk back right, left, right, left

SWIRLS, ROCKING 1/4 TURN LEFT (25-32)

- 1-2 Swirl right forward to right and home
- 3-4 Swirl left forward to left and home
- 5-8 Quarter turn to left while rocking on right, left, right, left

*Sha-rons are similar to Wizard or Dorothy steps.

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